

# *Exploration of Integrating Socialist Core Values into High School Ideological and Political Education*

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**Abstract:** Youth is responsible for the prosperity of the country, and a strong youth leads to a strong country. Youth is the hope of the country and the nation. High school students are in a critical period of forming their worldview, outlook on life, and values, and urgently need the guidance of socialist core values to help them establish the correct "three outlooks" and clarify the direction of their life development. Values are important guides in life, influencing people's choices and closely related to the future and destiny of the country and the nation. High school ideological and political education is the main course for educating high school students on core values. We should give full play to the role of ideological and political education, guide students to fasten the "buttons of life", and help high school students internalize the socialist core values in their hearts and externalize them in their actions, truly achieving the unity of knowledge and action.

## **1. Introduction**

The role of ideological and political courses is irreplaceable, and the responsibility of ideological and political teachers is significant. This requires us to fully implement the fundamental requirement of "cultivating morality and talents" in high school political teaching. To achieve this goal, we need to integrate socialist core values into high school political classrooms to help students establish correct "three outlooks" and truly become young people who shoulder the great responsibility of national rejuvenation. High school ideological and political education is a key course for high school students to receive the education of "cultivating morality and nurturing talents", and it is also the main course for educating core values. Therefore, socialist core values are very important in high school ideological and political education.

## **2. The significance of integrating socialist core values into high school political education**

### **2.1. At the national level**

Since the 18th National Congress, socialism with Chinese characteristics has entered a new historical period. After successfully achieving the first centenary goal, socialism with Chinese characteristics has embarked on the second centenary goal. To achieve the centenary goal, it is necessary for the whole society to form a unified ideological understanding and values, and the socialist core values have taken on this important task.

Firstly, it can point out the correct direction for the development of socialism with Chinese characteristics. The requirements of socialist core values at the national level are prosperity, democracy, civilization, and harmony, which clarify the development direction of our country. Secondly, the socialist core values can unite the heart and provide spiritual impetus for the development of the country. The requirements of the socialist core values at the national level are "prosperity, democracy, civilization and harmony", which reflects the country's requirements and goals for China's development and reflects the common aspirations of all Chinese people. The socialist core values enable the whole society to form a unified value orientation and work hard to achieve common goals.

## **2.2. On a personal level**

The high school stage is an important period in life, and students in this stage have the following characteristics: firstly, high school students have active thinking, strong plasticity in ideological understanding, and high acceptance of new things; Secondly, having one's own sense of right and wrong and value orientation, and yearning for external recognition of oneself; Thirdly, high school students are in the stage of forming their values, so their ideological understanding is not yet mature, and they are easily misled by negative information, opinions, thoughts, etc., forming erroneous understandings. Therefore, it is particularly important to guide high school students with correct values, and it is necessary to integrate socialist core values into high school ideological and political education.

The connotation of socialist core values at the individual level is patriotism, dedication, integrity, and friendliness. For high school students, it guides them in the direction of personal development and what kind of person they should become. Firstly, as Chinese citizens, we should love our country and make our due contributions to its development. As young students, we should strive to learn and lay a solid foundation for the future; Secondly, as a member of society, one should love their profession, seek their position, and contribute their strength to the development of society; Thirdly, honesty and friendliness are moral constraints on individuals, requiring them to be honest and trustworthy in social life, and to be friendly to others. Patriotism, integrity, dedication, and friendliness "are proposed from the perspective of" what kind of person to become ". They include the personal qualities that citizens should possess, the norms to be followed in social interactions, and the rules of family relationships constructed by citizens, helping middle school students establish correct life norms and value standards.

## **3. The Problems of Integrating Socialist Core Values into High School Political Teaching**

### **3.1. The inconsistency between knowledge and practice in teaching outcomes**

The ultimate goal of integrating socialist core values into ideological and political courses is to enable high school students to internalize socialist core values in their hearts and externalize them in their actions. But currently, we can see that some students have the following problems with the socialist core values: "knowing but not believing", "knowing but indifferent", "knowing but doing wrong". The reason for this is that, firstly, under the pressure of the college entrance examination, high school students' understanding of the socialist core values only stays at twelve words, believing that knowing is enough to skip the exam, so there is a certain degree of value internalization deficiency. Secondly, there are also some students who have a very detailed understanding of the requirements and connotations of the core values of socialism, but do not practice them in real life, resulting in the internalization of values being limited to the mastery of knowledge. Moreover, some even know that their actions and choices have violated the requirements of their core values, yet they still 'knowingly

do it'. These phenomena indicate that the integration of socialist core values and high school ideological and political courses has only achieved a superficial effect and has not achieved the predetermined results. Students have not internalized the socialist core values as their own value standards. Therefore, how to make students consciously internalize the socialist core values into their conscious actions, truly internalize the socialist core values in their hearts and externalize them in their actions, and correctly handle the contradictions between ideals and reality, theory and practice, is the problem that high school ideological and political courses need to solve.

### **3.2. Simplification of teaching content**

In the current high school ideological and political education teaching, we can observe the internalization of socialist core values into students' conscious actions. This is a process of mutual struggle between students' internal value subjects and external values, and also a process of high school students unifying their learning initiative with the scientific nature of their core values. In this process, whether the teaching content and objectives of socialist core values conform to the laws and requirements of educational internalization will directly affect the realization of the internalization goals of core values. For example, in the current high school ideological and political education teaching, the teaching of the connotation of socialist core values has obvious subjectivity and one sidedness. This is due to teachers' inaccurate understanding and grasp of the essence of value content, which leads to students' misunderstanding of core values. At the same time, the lack of specialized differentiation and explanation of socialist core values, Western capitalist values, and traditional values in teaching has to some extent affected high school students' understanding of socialist core values and the effect of internalizing their values.

### **3.3. The instrumentalization and inefficiency of teaching methods**

With the development of information technology, the integration of information technology and the classroom has gradually deepened, which has led to significant changes in the tasks, forms, and requirements of values education. However, under the pressure of the college entrance examination, high school ideological and political education teachers are more concerned about the teaching effectiveness in the classroom, which leads to a relatively single teaching tool used in the classroom. Causing students to lose interest in ideological and political courses, resulting in low classroom efficiency, thus affecting the timeliness of internalizing values. For example, in classroom teaching, when explaining and practicing the socialist core values to students, simple and intuitive preaching forms are often used, without connecting the socialist core values with the actual situation of students. There is a lack of effective guidance that directly links the values with students' experiences, making it difficult for students to experience the profound connotation of the core values. Similarly, it is also difficult to gain students' deep understanding of the socialist core values, and it is even more difficult to make students regard them as their true inner beliefs.

## **4. Practical Strategies for Integrating Socialist Core Values into High School Political Teaching**

### **4.1. Sublimation of High School Students' Perception of Core Values**

High school students are in a critical period of value formation, and the internalization of values is a complex process, in which the influence of education and environment plays a very important role in students' cognition, identification, and practice. Therefore, high school ideological and political courses require teachers to fully recognize this point, use classroom and practical activities to stimulate high school students' cognition, and internalize socialist core values as their beliefs.

In this process, it is necessary to guide high school students to use different types of thinking tools correctly to systematically and logically integrate, process, and transform external and value related information, deepen their original cognitive patterns, and achieve the improvement and leap of their values. Secondly, high school ideological and political teachers should leave sufficient time and space for students to think and construct their own values. In this process of self-construction, teachers should play a leading role, timely correct students' erroneous guidance, and guide them to form values that are in line with the core socialist values. Teachers should help students establish connections with society in the classroom and use these connections to help them identify with their own values. In this process, consciously transforming the external pursuit of socialist core values into internal orientation, enhancing self-awareness and sense of responsibility.

#### **4.2. Promote the shift towards life oriented teaching content**

We should pay attention to normalizing, concretizing, living, and visualizing the core socialist values, so that everyone can perceive and comprehend them, internalize them as spiritual pursuits, and externalize them into practical actions [1]. This statement has pointed out the direction for high school ideological and political education teaching and laid a solid ideological foundation. Since the 18th National Congress of the Communist Party of China, China has entered a new era, which has undergone profound changes in economy, society, culture, and other aspects. For ideological and political courses, it is even more important to keep pace with the changes of the times. This requires ideological and political education to keep up with the times, face real life, expand and enrich the content of socialist core values education, realize the life oriented transformation of socialist core values content, and closely link socialist core values with the lives of high school students.

High school teachers should strengthen the infiltration of real-life content in ideological and political education teaching. For example, when talking about the lesson "Cultural Life: The Eternal Spirit of the Chinese Nation", I introduced some clips from the movie "Changjin Lake" to let students feel the patriotic spirit of revolutionary martyrs who sacrificed their lives to protect their country and bring us long-term peace. Through the film, students can intuitively experience what patriotism is and why patriotism is the core content of the Chinese national spirit. This has aroused strong resonance among students in the classroom, and they actively participate in the class. Therefore, in the daily teaching of high school ideological and political courses, it is necessary to closely connect with reality and China's development reality, so that high school students can feel the historical accumulation and cultural heritage of socialist core values in real life. In classroom teaching, teachers should pay attention to the organization of language, organize teaching language according to the psychological characteristics and actual needs of high school students, enhance the infectivity of socialist core values to high school students, and strive to refine, reduce, and implement socialist core values[2-3].

#### **4.3. Improve the effectiveness of teaching methods and techniques**

We need to utilize various opportunities and occasions to create life scenarios and social atmospheres that are conducive to cultivating and promoting socialist core values, so that the influence of core values is ubiquitous and ubiquitous like air. This requires ideological and political education to change traditional teaching methods, innovate teaching methods, and focus on students' understanding of socialism and core values in teaching. Situational teaching and experiential teaching precisely meet this requirement, and the two should be integrated in teaching. Situational teaching emphasizes "touching people with emotions", while experiential teaching emphasizes students' experiences and insights in teaching. The teaching of ideological and political courses should attach importance to guiding emotional identification through experience, such as leading students to visit

patriotic memorial halls, experiencing the historical accumulation of socialist core values firsthand, and transforming values into intuitive, real, and vivid feelings and influences through this method, in order to stimulate students' pursuit of faith[4]. Second, broaden teaching means. With the full development of the current information society, ideological and political courses should also be fully integrated with information technology, and Tiktok, Weibo, WeChat, etc. should be used in the classroom to enhance the interest and timeliness of ideological and political classes. In this integration, high school students are encouraged to consciously internalize the core socialist values and enhance their sense of identification with them[5].

## 5. Conclusion

In short, ideological and political education is a process of integrating knowledge and action. To transform "knowledge" into "action", the most crucial aspect is that education truly meets the growth needs of students, so as to attract them, stimulate their enthusiasm for school, and achieve the original intention and mission of education. This requires us to let values guide the direction of education in the process of educating high school students on socialist core values, vividly and objectively presenting social reality to students. Teachers should guide students to make correct value choices, establish correct values, and fasten the buttons of life.

## References

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