

# *Research on problems and countermeasures of preschool children's character development from the perspective of family education*

**Lu Rui**

*Shandong Yingcai University, Jinan, Shandong, 250000, China  
354029407@qq.com*

**Keywords:** Preschool Children, Personality Development, Family Education, Problem Analysis, Strategy Research

**Abstract:** This paper, titled "Issues and Strategies in Preschool Children's Personality Development from the Perspective of Family Education," explores the importance of family education and the problems existing in the development of preschool children's personalities. Through literature review and problem analysis, issues such as tension in family relationships, inappropriate parental upbringing, inadequate resources in preschool education, and low teacher quality in preschool education were identified. In response to these issues, strategies such as parental training, family education guidance services, curriculum design, and teacher training are proposed. Empirical research has been conducted, demonstrating the feasibility and effectiveness of these strategies in practice. Finally, future research directions are outlined, aiming to provide theoretical and practical support for promoting the healthy development of preschool children's personalities.

## **1. Introduction**

The preschool period is one of the most crucial stages in human development, and the development of personality during this period has significant implications for individuals' comprehensive development. Family education, as an essential part of preschool children's personality development, plays an irreplaceable role. With the social changes and diversification of family structures, the challenges and problems faced by family education are increasingly prominent. Therefore, from the perspective of family education, it is of great theoretical and practical significance to delve into the issues of preschool children's personality development and propose corresponding strategies. This paper aims to reveal potential problems in family education and preschool education through literature review and problem analysis, discussing their origins and impacts, and proposing a series of targeted strategies. Firstly, we will elaborate on the relevant concepts of preschool children's personality development and the importance of family education to clarify the background and significance of the research. Next, through literature review, we will outline the current situation and existing problems in preschool children's personality development, as well as the role and impact of family education[1]. Subsequently, an in-depth analysis of potential problems in preschool children's personality development will be conducted, discussing

from both family and preschool education perspectives. Finally, based on empirical research, targeted strategies will be proposed to improve preschool children's personality development, providing theoretical and practical support, and prospects for future research directions will be discussed. Through this research, we hope to provide reference and inspiration for promoting the healthy development of preschool children's personalities and enhancing family education, contributing to the construction of a more harmonious and healthy social environment.

## **2. Preschool Children's Personality Development: Concepts and Methods**

### **2.1. Concepts and Characteristics of Preschool Children's Personality Development**

The development of preschool children's personality refers to the process of gradually forming and developing their individual characteristics, emotional attitudes, values, and behavioral patterns during the pre-school period under the influence of environments such as family, school, and society. During this stage, children are at a crucial period of individual development, and their personality development is influenced by various factors, including genetics, family environment, educational methods, and peer interactions[2].

Preschool children's personality development has several characteristics:

1) Strong Plasticity: Preschool children's personalities are highly malleable and significantly influenced by their environment. Therefore, the shaping of educational environments such as families and schools is crucial to their personality development.

2) Gradual Progression: The development of preschool children's personalities is a gradual process. With age and accumulated experiences, their personality traits gradually manifest and stabilize.

3) Diversity: Each preschool child has unique personality traits and developmental trajectories, resulting in diversity and individual differences in personality development.

4) Emphasis on Family Environment: The family environment of preschool children significantly influences their personality development. The parent-child relationship, family atmosphere, and parental educational methods all profoundly impact a child's personality.

In summary, preschool children's personality development is a complex process influenced by various factors, characterized by strong plasticity, gradual progression, diversity, and dependency on the family environment. Therefore, to promote the healthy development of preschool children's personalities, it is necessary to provide them with a conducive growth environment and educational conditions from various aspects such as family education, school education, and social environment.

### **2.2. The Influence of Family Education on Preschool Children's Personality Development**

Family education plays a crucial role in the personality development of preschool children. Firstly, the family environment is one of the important factors affecting preschool children's personality development. A warm and harmonious family environment facilitates the formation of positive personality traits in children, while conflicts and tense atmospheres in the family may have negative effects on children's personalities. Secondly, parents' parenting styles directly influence the development of children's personalities. Gentle and supportive parenting styles help foster children's confidence and initiative, while excessively strict or indulgent parenting styles may lead to issues in children's personalities. In addition, the intimacy and stability of parent-child relationships are essential for the development of preschool children's personalities. A good parent-child relationship helps children establish a sense of security and trust, thereby facilitating healthy personality development[3]. Lastly, sibling relationships are also an important influencing factor in preschool

children's personality development. The way children interact with their siblings and the quality of their relationships affect aspects of their personalities such as social skills, sense of responsibility, and spirit of cooperation. Therefore, family education plays an irreplaceable role in the personality development of preschool children. Parents should attach importance to family education, focus on communication and interaction with their children in daily life, and create a good growth environment and educational atmosphere for them.

### **2.3. Research Methods Related to Preschool Children's Personality Development**

Studying preschool children's personality development is a complex and profound task that requires the comprehensive use of various research methods to fully understand their personality traits and developmental processes. Firstly, observation is one of the most commonly used methods in studying preschool children's personality development. By observing children's daily behaviors, interaction styles, and emotional reactions, researchers can gain in-depth insights into their personality traits and developmental trajectories. Secondly, questionnaire surveys are another commonly used research method. By designing questionnaires targeting personality development, surveys can be conducted among different groups such as preschool children, parents, and teachers to obtain extensive information about their perceptions, views, and experiences regarding personality development. In addition, interviews are an important means of obtaining in-depth information. By conducting in-depth interviews with preschool children and their parents or teachers, researchers can gain a more detailed understanding of their family education, school life experiences, and perceptions of personality development. Experimental research can help reveal the effects of specific factors on preschool children's personality development. By designing experimental and control groups and comparing the effects of different intervention measures, researchers can gain a clearer understanding of the mechanisms through which various factors affect personality development. Lastly, longitudinal studies involve tracking and observing the same group of preschool children over an extended period, analyzing their personality traits and developmental trajectories at different stages. This research method can help researchers gain deeper insights into the dynamic changes and developmental patterns of preschool children's personality development. By comprehensively applying the above research methods, we can comprehensively and deeply explore the relevant issues of preschool children's personality development, providing theoretical and practical support for promoting the healthy development of preschool children's personalities[4].

## **3. Problems Analysis of Preschool Children's Personality Development**

### **3.1. Issues in Family Education**

In the process of preschool children's personality development, family education plays a crucial role. However, there are some issues present in family education currently, directly impacting the healthy development of preschool children's personalities. Firstly, tension and indifference in parent-child relationships within families are prominent issues. Some families experience poor communication and tense relationships between parents and children. Due to busy work schedules or other reasons, parents may fail to establish good parent-child relationships, leading to children lacking a sense of security and trust, thus affecting the stable development of their personalities. Secondly, inappropriate parental parenting styles pose another challenge in family education. Some parents may either excessively spoil or be overly strict with their children, lacking appropriate parenting methods. Overindulgence can result in children lacking self-discipline, while excessive strictness may make children feel suppressed and anxious, leading to deviations in their

personalities. Additionally, disharmony in family atmosphere can also negatively impact the personality development of preschool children. Some families experience frequent quarrels, conflicts, or disharmonious relationships among family members. Such discordant family atmosphere deprives children of a quiet, stable growth environment, preventing them from gaining sufficient security and stability, thus affecting the healthy development of their personalities[5]. In summary, issues in family education such as tense parent-child relationships, inappropriate parental parenting styles, and disharmony in family atmosphere directly affect the formation and development of preschool children's personalities. Therefore, corresponding measures need to be taken to improve the family education environment and provide better guarantees for the healthy growth of preschool children. Family members should enhance communication, establish harmonious parent-child relationships; parents need to learn scientific parenting knowledge to guide their children's behavior properly; families need to create a warm, harmonious atmosphere to provide children with a stable growth environment. Only then can a solid foundation be laid for the personality development of preschool children, promoting their healthy growth.

### **3.2. Issues in Preschool Education**

The issues present in preschool education cannot be ignored as they directly affect the quality and effectiveness of preschool children's personality development. Firstly, insufficient educational resources are a widespread problem. Many areas lack preschool education resources, with limited numbers of preschool educational institutions and inadequate teaching staff, resulting in low levels of preschool education accessibility. As a result, some children fail to obtain good preschool education opportunities, lacking appropriate educational environments and resource support, directly impacting their comprehensive personality development. Secondly, the uneven quality of teachers is also a significant problem restricting the quality of preschool education. Some preschool educational institutions have teachers with low qualifications and uneven teaching levels. This phenomenon compromises the quality of teaching, leading to uneven learning outcomes among preschool children, thereby affecting the healthy development of their personalities. Additionally, the singularity of educational content is also a prominent issue in preschool education. Some preschool educational institutions overly focus on academic achievements and subject knowledge, neglecting the diverse needs of preschool children's development. The singularity and lack of interest in educational content make preschool children's learning experiences dull and uninteresting, failing to stimulate their interest and initiative in learning, thus affecting their comprehensive literacy and personality development. In summary, the issues of insufficient educational resources, uneven teacher quality, and singular educational content in preschool education significantly affect the formation and development of preschool children's personalities. Therefore, effective measures need to be taken to strengthen preschool education resource construction, improve teacher professionalism, enrich educational content, and provide better support and guarantees for the healthy growth of preschool children. Only in this way can preschool children receive comprehensive and balanced development in personality development, laying a solid foundation for their future growth.

## **4. Strategies Research**

### **4.1. Intervention Strategies for Family Education**

To address the issues present in family education, the following intervention strategies are proposed to promote the healthy development of preschool children's personality formation. Firstly, conducting parental training is an essential approach to improving family education. By organizing

parent training courses tailored to different families, parents can be imparted with scientific parenting knowledge and educational skills, helping them establish correct educational concepts and improve parenting abilities to effectively improve the family education environment. Secondly, establishing a family education guidance service system is crucial. Establishing professional family education guidance service institutions or platforms to provide parents with counseling, guidance, and support can help them address educational confusion and problems, improve the quality of family education, and promote the healthy development of preschool children's personalities. Additionally, enhancing family education publicity and popularization work is essential[6]. Through various media platforms and community resources, conducting family education propaganda activities to popularize scientific parenting knowledge and family education concepts can enhance parents' attention to family education, creating a good atmosphere for family education. Finally, establishing a home-school cooperation mechanism and strengthening communication and cooperation between parents and schools is also crucial. The family is the most important growth environment for children. Schools and families should strengthen cooperation, jointly focus on children's growth and development, provide personalized educational guidance, and promote the healthy development of children's personalities together. Schools can maintain close contact with parents through home visits, parent training, etc., understand the actual situation of family education, provide personalized educational guidance, and jointly promote the healthy development of children's personalities. In summary, by implementing a series of intervention strategies such as parental training, establishing a family education guidance service system, enhancing family education publicity and popularization, and establishing a home-school cooperation mechanism, the family education environment can be effectively improved, promoting the healthy development of preschool children's personality formation. The implementation of these strategies will help improve parents' parenting skills, create a good atmosphere for family education, and lay a solid foundation for children's comprehensive growth.

#### **4.2. Improvement Measures for Preschool Education**

Improvement measures for preschool education in preschool children's personality development are crucial as they directly affect children's comprehensive development. Firstly, we need to increase investment in preschool education resources. The adequacy of preschool education resources directly determines children's opportunities and quality of education. The government should increase financial investment in preschool education, construct more preschool educational institutions, improve education facilities and teaching equipment, ensuring that every child can enjoy high-quality preschool education resources. Secondly, improving the quality of preschool education teachers is also crucial. Teachers are an important part of preschool education, and their professionalism and teaching quality directly affect children's learning outcomes and personality development. Therefore, efforts should be made to strengthen the training and cultivation of preschool education teachers, improve their professional level and teaching ability, and provide children with better education services. Additionally, enriching preschool education content and focusing on the cultivation of comprehensive literacy are also important. Preschool education should focus on cultivating children's comprehensive literacy, including cognitive, emotional, and social development. Interesting and inspiring educational content should be designed to encourage children to actively participate in learning, stimulate their interest and initiative in learning, thus promoting their comprehensive development. Moreover, strengthening communication and cooperation between schools and families is also crucial. The family is the most important growth environment for children. Schools and families should strengthen cooperation, jointly focus on children's growth and development, provide personalized educational guidance, and promote the

healthy development of children's personalities together. Schools can maintain close contact with parents through home visits, parent training, etc., understand children's learning situations and characteristics, provide personalized educational guidance, and jointly promote the healthy development of children's personalities. In summary, by increasing investment in preschool education resources, improving the quality of teacher teams, enriching educational content, and strengthening communication and cooperation between schools and families, the quality of preschool children's personality development can be improved, laying a good foundation for their healthy growth[7].

## **5. Discussion and Analysis**

### **5.1. The Role Mechanism of Family Education in Preschool Children's Personality Development**

The role mechanism of family education in the personality development of preschool children is multifaceted and complex. Firstly, the family is one of the primary socialization environments for preschool children, and the behaviors, attitudes, and values of family members profoundly influence children. Parents, as children's first teachers, shape their behavior and life attitudes directly through their words and deeds. For example, parental warmth and patient guidance can cultivate children's emotional expression and social skills, while severe punishment and indifference may lead to anxiety and introversion in children's personalities. Secondly, family education has a direct impact on children's emotional and cognitive development. The family is the earliest social environment children encounter, and the intimate relationships and warm atmosphere among family members can provide children with a sense of security and belonging, thus helping them establish positive self-awareness and emotional attitudes. Additionally, family education is also a crucial place for children to receive moral education. The words and deeds of parents, moral examples, and moral guidance directly influence children's moral cognition and behavioral norms. Lastly, family education plays a crucial role in children's socialization process. The family is the initial window through which children interact with society, and the social values and norms transmitted through family education will have a significant impact on children's social adaptability and interpersonal skills[8]. Through family education, children learn to communicate and cooperate effectively with family members, friends, and other social members, establishing positive interpersonal relationships and laying a solid foundation for their future social life. In conclusion, the role mechanism of family education in preschool children's personality development manifests in shaping the socialization environment, nurturing emotional cognition, and transmitting moral behavioral norms. Effective implementation of family education is not only the key to preschool children's personality development but also the foundation for their lifelong development. Therefore, society should strengthen its attention and support for family education, providing more educational resources and guidance to families, jointly promoting the healthy development of preschool children's personalities.

### **5.2. Issues and Countermeasures in Preschool Children's Personality Development**

In the process of preschool children's personality development, besides the issues in family education and preschool education, there are other challenges and obstacles that need to be addressed. Firstly, the fast-paced lifestyle and information explosion in modern society bring psychological pressure to preschool children. Children may face various expectations and demands from family, school, and society, being in a highly competitive environment for an extended period, which can easily lead to anxiety and inferiority, affecting the healthy development of their

personalities. Therefore, one countermeasure is to create a relaxed and pleasant growth environment, reduce children's learning and life pressure, and focus on their emotional needs and mental health. Secondly, changes in family structure pose challenges to preschool children's personality development. With social development and changes, various family structures such as single-parent families and dual-income families have become more common. Children lack family care and companionship, which can lead to feelings of loneliness and insecurity, affecting the stable development of their personalities. Therefore, one countermeasure is to pay attention to and support special families, providing targeted family education services to help children establish healthy family relationships and stable emotional foundations. Additionally, the influence of the social environment also has a significant impact on preschool children's personality development. For example, the diversification of social values and the proliferation of media information may mislead children and have negative effects, leading to deviations in their values and behaviors. Therefore, one countermeasure is to strengthen social education for preschool children, guiding them to correctly understand social reality, establish correct worldviews and life attitudes, and cultivate positive personality traits and moral concepts. In conclusion, the issues in preschool children's personality development involve multiple aspects, requiring concerted efforts from all sectors of society and comprehensive countermeasures to address. Only through the joint efforts of family education, preschool education, and the social environment can better guarantees be provided for the healthy growth of preschool children.

## 6. Conclusion

Preschool children's personality development is a complex and critical process directly affecting their future development and growth. This paper has discussed preschool children's personality development from the perspectives of family education and preschool education, and analyzed the existing issues and corresponding countermeasures. In terms of family education, factors such as parental parenting styles, family atmosphere, and family structure all have significant impacts on children's personality development. Therefore, strengthening parental education, improving the family education environment, and providing diverse family education services are key to addressing the issues. In terms of preschool education, issues such as insufficient educational resources, uneven teacher quality, and singular education content hinder the development of preschool children's personality development. Therefore, increasing investment in preschool education, improving the quality of teacher teams, optimizing educational content and methods are essential approaches to addressing the issues. Additionally, preschool children's personality development faces challenges from the social environment and modern life, requiring joint efforts from all sectors of society to address. Only through the concerted efforts of family, school, and society can preschool children's personality development be promoted healthily, laying a solid foundation for their future growth. In summary, preschool children's personality development is a comprehensive and long-term process that requires joint efforts from families, schools, and society to promote the healthy development of preschool children's personalities and lay a solid foundation for their future growth.

## References

- [1] Hao, Hu, Chen Fangrong, and Fan Xiaoxiao. "Problems and Countermeasures of Education for Life in Kindergartens." *2020 5th International Conference on Humanities Science and Society Development (ICHSSD 2020)*. Atlantis Press, 2020.
- [2] Luo, Yuchen, and Jin Shen. "Problems and Countermeasures in The Routine Education of Kindergarten Children." *Journal of Research in Multidisciplinary Methods and Applications* 1.2 (2022):1-6.
- [3] Zhang, Jing, et al. "Dilemmas and Countermeasures of Preschool Children's Right to Education in States of

- Emergency." Transactions on Economics, Business and Management Research 6 (2024): 21-26.*
- [4] Lu, Xinyue. "Problems And Countermeasures in The Development of Preschool Integrated Education in China." *Journal of Education, Humanities and Social Sciences 10 (2023): 117-125.*
- [5] Wang, Tianyi. "Research on the Problems and Countermeasures in English Education for Chinese Children." *Transactions on Social Science, Education and Humanities Research 5 (2024): 347-351.*
- [6] Liang, Kun, and Chung Lu. "Supply of Public Preschool Education Resources in Guangdong Province, Problems and Suggestions for Countermeasures." *Creative Education 14.7 (2023): 1370-1378.*
- [7] Wei, Xiuying. "Difficulties and Countermeasures of Preschool Education Development in Relocation Poverty Alleviation Concentrated Areas Countermeasure Research." *International Journal of Social Science and Education Research 5.6 (2022): 153-162.*
- [8] Matsuda, Shigeki. "Characteristics and problems of the countermeasures against low fertility in Japan: reasons that fertility is not increasing." *Low fertility in Japan, South Korea, and Singapore: Population policies and their effectiveness (2020): 1-14.*