# Gender Roles and Rebellion: Analyzing Julien's Character in Stendhal's The Red and the Black

## Li Jitao

Dalian University of Technology, Dalian, China

Keywords: Julien Sorel; The Red and the Black; character analysis; gender roles; rebellion

*Abstract:* This thesis delves into the portrayal of gender roles and rebellion through an indepth analysis of Julien Sorel, the protagonist of Stendhal's novel The Red and the Black. By examining Julien's character within the socio-cultural context of early 19th-century France, this study seeks to elucidate the ways in which gender norms and expectations influence his actions and decisions, particularly in his quest for social ascent and personal identity. The thesis explores how Julien navigates the constraints imposed by patriarchal society and challenges conventional notions of masculinity and femininity. Furthermore, it investigates the intersections of class, ambition, and sexuality in Julien's rebellion against societal norms, shedding light on the complexities of his character and the broader themes of the novel. Drawing on feminist theory and literary criticism, this analysis aims to offer new insights into the representation of gender and rebellion in The Red and the Black, contributing to ongoing discussions within the fields of gender studies and literary analysis.

## **1. Introduction**

Stendhal, a prominent French writer of the 19th century, crafted a literary masterpiece that continues to captivate readers worldwide – "The Red and the Black." This novel delves into the complexities of society, love, ambition, and morality against the backdrop of post-Napoleonic France.

Julien Sorel emerges as a multifaceted character who defies societal norms and challenges traditional gender roles in a rigidly stratified society. As an ambitious young man from a modest background, Julien navigates a world dominated by aristocratic privilege and societal expectations. His journey is marked by a relentless pursuit of power and success, driven by his rebellious spirit and unwavering determination.

In this thesis, we aim to explore the intricate relationship between gender roles and rebellion as manifested through Julien's character in Stendhal's "The Red and the Black." Our research question seeks to unravel the nuances of Julien's interactions with societal expectations based on gender norms and how his rebellious nature influences his actions and decisions throughout the novel. By delving into Julien's psyche and motivations, we seek to uncover the underlying tensions between conformity and defiance in shaping his identity within the confines of 19th-century French society.

#### 2. Analysis of Julien's character

#### 2.1. Description of Julien's gender role

#### 2.1.1. Social expectations and limitations

To understand Julien's character, it's crucial to grasp the gender expectations of his era. In early 19th century France, masculinity was closely tied to social status and power. Men were expected to exhibit traits like assertiveness, ambition, and emotional restraint. The Napoleonic Code further entrenched male dominance, particularly in legal and familial spheres.

#### 2.1.2. Interactions with other characters

### 1) Julien and Madame de R ênal

The relationship between Julien and Madame de R ênal serves as a lens through which to explore prevailing gender roles and expectations in post-Napoleonic France. Julien's interactions with Madame de R ênal offer a nuanced portrayal of gender dynamics, revealing the complexities of societal norms and individual agency.

From the onset, Julien's approach towards Madame de Rênal is strategic and calculated, mirroring societal expectations of masculine dominance and control. His assertion, "My duty is to be severe with Madame de Rênal, and above all, to be cold; that is the only way to make her respect me," encapsulates the pressure on men to exhibit emotional detachment and assert authority, particularly in romantic relationships. Julien's adherence to these societal norms highlights the tension between his personal desires and the expectations placed upon him by society. Despite his genuine feelings for Madame de Rênal, he feels compelled to adopt a facade of aloofness and severity to conform to gender roles. This underscores the restrictive nature of traditional gender norms, which dictate how men should behave in intimate relationships. [1]

Moreover, Julien's calculated demeanor towards Madame de Rênal underscores the power dynamics at play within their relationship. As a man of lower social standing, Julien must navigate a society where women like Madame de R ênal hold a certain degree of authority and influence. By positioning himself as emotionally distant and authoritative, Julien seeks to assert his own power and establish his dominance within the relationship. However, beneath Julien's facade of control lies a complex interplay of emotions and desires. Despite his attempts to adhere to societal expectations, Julien grapples with conflicting feelings of affection and ambition. His genuine affection for Madame de R ênal often clashes with his ambition for social advancement, leading to internal turmoil and moral ambiguity.

Furthermore, Julien's interactions with Madame de Rênal highlight the fragility of gender roles and the fluidity of human relationships. [2] Despite their adherence to societal norms, both characters are ultimately shaped by their individual experiences and desires. Julien's eventual vulnerability and emotional intimacy with Madame de Rênal challenge traditional notions of masculinity, illustrating the transformative power of love and human connection. [3]

2) Julien and Mathilde

Mathilde de la Mole, characterized as an embodiment of progressive femininity, presents a stark departure from conventional female archetypes of the time. Her boldness and intellectual prowess challenge Julien's preconceived notions of masculinity, introducing an intriguing dynamic characterized by mutual admiration and unconventional attraction.

One pivotal moment that encapsulates this dynamic is when Mathilde provocatively expresses her appreciation for Julien's audacity: "I like your audacity." This statement not only acknowledges Julien's assertiveness but also signifies a reversal of traditional gender roles. In a society where men were typically applauded for audacity and boldness, Mathilde's admiration for these traits in Julien challenges entrenched gender norms. Julien's interactions with Mathilde highlight his internal struggle to reconcile his own sense of masculinity with Mathilde's progressive femininity. Unlike his interactions with Madame de R ênal, where Julien adopts a calculated facade of control and emotional detachment, his exchanges with Mathilde are marked by intellectual sparring and a sense of mutual intellectual respect. Mathilde's appreciation of Julien's audacity signifies a shift in power dynamics within their relationship. Rather than conforming to societal expectations of subservience, Mathilde asserts her agency and intellectual independence. Julien, in turn, is drawn to Mathilde's unconventional qualities, finding himself intellectually stimulated and challenged in ways that defy traditional gender roles. [4] [5]

Moreover, the evolving nature of Julien and Mathilde's relationship underscores the fluidity of gender roles and the transformative power of mutual respect. As Julien becomes increasingly enamored with Mathilde's intellect and audacity, he begins to question the rigid confines of masculinity that once governed his interactions. The interactions between Julien and Mathilde ultimately transcend conventional gender roles, illustrating the complexity of human relationships and the capacity for individuals to transcend societal expectations. Stendhal's portrayal of Julien's evolving perception of masculinity through his interactions with Mathilde reflects broader societal shifts towards more egalitarian gender dynamics.

## 2.2. Julien's rebellion against traditional gender roles

## 2.2.1. Non-Conformity to Masculine Ideals

#### 1) Emotional Sensitivity and Intellectual Pursuits

Julien's inclination towards emotional sensitivity challenges the societal expectation of male emotional stoicism. Unlike the typical male characters in the novel who prioritize physical prowess and outward displays of strength, Julien is portrayed as introspective and emotionally complex. [6] His admiration for Napoleon reflects not only a fascination with power but also a deep emotional connection to the struggles and ambitions of historical figures. Furthermore, Julien's secret study of forbidden books reveals a vulnerability and sensitivity that defies traditional gender norms. While other male characters engage in superficial pursuits, Julien seeks solace and intellectual stimulation through literature, demonstrating a willingness to explore his emotions and innermost thoughts.

Julien's passion for reading and intellectual pursuits sets him apart from the stereotypical masculine ideals prevalent in his society. In a time when physical strength and social status were valued above all else, Julien finds fulfillment in knowledge and introspection. His desire for self-improvement through education highlights his rejection of shallow masculinity in favor of intellectual growth.

## 2) Manipulation of Romantic Relationships

Julien's relationship with Madame de Rênal exemplifies his rebellion against traditional gender roles in courtship. Instead of conforming to the expected male role of assertive pursuit, Julien uses his intelligence and emotional manipulation to navigate this relationship. [7] He recognizes Madame de Rênal's vulnerabilities and plays upon them to establish a connection that goes beyond mere physical attraction. By appealing to her emotions and intellect, Julien gains influence over Madame de Rênal, challenging the power dynamics inherent in traditional courtship rituals. Julien's approach to romance with Madame de Rênal involves a subtle manipulation of her feelings and perceptions. He strategically presents himself as a mysterious and enigmatic figure, drawing her into a web of intrigue and desire. Through his calculated actions and words, Julien disrupts conventional expectations of gender roles by assuming a more passive yet emotionally manipulative stance in the courtship process.

Similarly, Julien's relationship with Mathilde de La Mole further illustrates his rebellion against traditional gender roles in romantic entanglements. Unlike typical depictions of male protagonists asserting dominance or control over their female counterparts, Julien engages with Mathilde on an intellectual and emotional level. Their interactions are characterized by a complex interplay of wit, charm, and psychological manipulation. [8] Julien's ability to captivate Mathilde through his intellect and emotional acuity challenges conventional notions of masculinity in courtship. Rather than relying on physical prowess or overt displays of affection, Julien leverages his intelligence and cunning to intrigue Mathilde and establish a connection based on mutual understanding and intellectual stimulation. In doing so, he subverts traditional gender dynamics by demonstrating that emotional intelligence can be just as potent as physical strength in matters of the heart.

#### 2.2.2. Challenges against gender stereotypes

1) Struggle against Class and Masculinity and Aspirations beyond Physical Valor

Upbringing as the son of a carpenter immediately establishes a class barrier in the hierarchical society he inhabits. In this society, masculinity is closely tied to physical strength and noble lineage, qualities traditionally associated with aristocracy and military prowess. As the son of a tradesman, Julien is expected to adhere to a certain set of limitations and societal roles, which typically exclude pursuits considered more fitting for the aristocracy, such as intellectual or academic endeavors. [9]

Julien's rebellion against gender stereotypes is characterized by his pursuit of knowledge and ambition to rise above his class through intellectual means rather than physical dominance or noble birth. In a society that equates masculinity with battlefield valor and physical strength, Julien's choice to emphasize intellectual prowess represents a direct challenge to these entrenched gender norms. His ambition to excel through education and intelligence becomes a vehicle for his rebellion against the rigid expectations placed upon him due to his social background.

Julien's determination to elevate himself through intellectual pursuits underscores a broader narrative of social mobility and self-determination. By aspiring to transcend his class origins and redefine masculinity on his own terms, Julien embodies the struggle against entrenched gender stereotypes. His journey highlights the complexities of navigating a society where one's social class and gender identity are predetermined, challenging these boundaries with intelligence, ambition, and a refusal to conform to conventional norms. [10]

## 2) Vulnerability and Emotional Complexity

Julien's vulnerability stands in stark contrast to the traditional image of masculinity characterized by emotional detachment and stoicism. [11] His willingness to confront and express his fears, doubts, and insecurities challenges the notion that strength lies solely in emotional suppression. Instead, Julien's vulnerability becomes a means of resistance, a rejection of the narrow confines of masculinity that demand emotional repression. By allowing himself to be vulnerable, Julien asserts his autonomy and agency, refusing to be constrained by societal expectations that seek to suppress his humanity in the name of masculine ideals. Julien's emotional complexity defies simplistic categorizations of masculinity, highlighting the intricacies and contradictions inherent in human experience. His internal conflicts, love interests, and ambitions present a multifaceted portrayal of masculinity that transcends rigid stereotypes. Rather than adhering to a monolithic image of strength and dominance, Julien's emotional depth reveals the complexity of male identity, challenging the simplistic binaries that underpin traditional gender roles.

Fears and ambitions also play a crucial role in his rebellion against gender stereotypes. His fear of failure, rejection, and social ostracism drives him to defy societal expectations and pursue his own path, regardless of the risks involved. Similarly, his ambition to rise above his station and prove himself worthy of admiration and respect motivates him to challenge the status quo and assert his agency in shaping his own destiny. In this way, Julien's emotional landscape becomes a battleground

for resistance, where fear and ambition intersect to fuel his defiance against the limitations imposed by his gender role.

Julien's experiences with love further illuminate his vulnerability and emotional complexity. His romantic entanglements expose him to the full spectrum of human emotion, from euphoria to heartbreak, highlighting the depth of his capacity for love and empathy. However, love also renders Julien vulnerable, exposing him to the pain and vulnerability inherent in intimate relationships. Through his experiences with love, Julien navigates the complexities of intimacy and connection, challenging the notion that emotional vulnerability is synonymous with weakness.

## 3. Exploration of the relationship between gender roles and social change

## 3.1. Relationship between gender role rebellion and personal liberation

## **3.1.1. Societal Constraints and Personal Aspirations**

The heart of Julien's rebellion lies his desire for liberation from the shackles of societal expectations. His defiance of gender norms is depicted not merely as an act of defiance for defiance's sake, but rather as a strategic maneuver to navigate a society that restricts his opportunities based on his gender and class. This narrative underscores the oppressive nature of traditional gender roles, which not only confine individuals to predefined roles and behaviors but also limit their personal and professional aspirations. Julien's rebellion serves as a poignant example of the internal conflict faced by many individuals who find themselves at odds with societal expectations, yet yearn for personal fulfillment and empowerment. [12]

One of the key mechanisms through which rebellion against gender roles drives social change is by challenging existing power structures and norms. By refusing to conform to traditional expectations, individuals like Julien disrupt the status quo and pave the way for alternative modes of expression and identity. This disruption, in turn, fosters a culture of questioning and critique, leading to greater awareness of the arbitrary nature of gender roles and the systemic inequalities they perpetuate. As more individuals defy gender norms and assert their right to self-determination, societal attitudes gradually shift, creating space for greater acceptance and inclusivity.

Additionally, acts of rebellion against gender roles often serve as catalysts for personal liberation and empowerment. For individuals like Julien, breaking free from the confines of traditional gender expectations is not only a means of challenging societal norms but also a journey towards selfdiscovery and authenticity. By rejecting the prescribed roles and behaviors assigned to their gender, individuals reclaim agency over their lives and assert their inherent worth and dignity. This process of personal liberation is deeply transformative, enabling individuals to live more fulfilling and meaningful lives that align with their true selves.

However, it is essential to recognize that the path to personal liberation through gender role rebellion is fraught with challenges and risks. Societal backlash, discrimination, and ostracism are often significant barriers faced by individuals who dare to defy gender norms. The very same systems of power and privilege that uphold traditional gender roles also serve to marginalize those who deviate from them. As such, acts of rebellion against gender norms require immense courage and resilience, as individuals must navigate a hostile terrain in pursuit of their personal liberation.

## **3.1.2. The Double-Edged Sword of Rebellion**

Julien's journey of nonconformity serves as a compelling narrative in understanding the intricate relationship between rebellion against gender roles and personal liberation. On one hand, his defiance against entrenched norms liberates him from the shackles of societal expectations, enabling him to

explore his authentic self and pursue his aspirations freely. This aspect of rebellion represents a beacon of hope, demonstrating the transformative power of challenging traditional gender roles. However, Julien's path is not without obstacles. His nonconformity thrusts him into situations where he encounters formidable challenges and conflicts. Society, resistant to deviation from established norms, subjects him to ostracism, discrimination, and internal struggles. These adversities underscore the inherent risks associated with rebellion against gender roles, highlighting the stark reality that liberation often comes at a price.

Meanwhile, as Julien's rebellion liberates him from traditional constraints, it also exposes him to new sources of confinement. Paradoxically, the very act of breaking free from societal expectations may subject him to alternative pressures within countercultural communities. Furthermore, resistance from mainstream society can lead to isolation and marginalization, limiting the extent of personal freedom attained through rebellion.

In essence, Julien's narrative embodies the duality of rebellion – a double-edged sword that simultaneously offers liberation and imposes constraints. His journey illuminates the complexities inherent in challenging gender roles and underscores the importance of navigating this terrain with caution and resilience. By acknowledging the risks and rewards of rebellion, individuals can better understand the dynamics of personal liberation and strive for a balance between authenticity and societal acceptance.

## 3.1.3. Self-Actualization through Gender Role Defiance

Meanwhile, Julien's path towards self-actualization through defiance of traditional gender roles epitomizes the intricate relationship between gender role rebellion and personal liberation. His relentless pursuit of personal identity and fulfillment serves not only as a testament to his individuality but also as a powerful challenge to the gendered expectations prevalent in his society. By rejecting the confines of conventional gender norms, Julien asserts his autonomy and agency, carving out a path towards self-discovery and authenticity.

Central to Julien's defiance is his rejection of prescribed gender roles, which often dictate rigid expectations and limitations based on biological sex. His refusal to conform to these norms allows him to transcend societal boundaries and explore the full spectrum of his humanity. Through his pursuit of knowledge, power, and emotional richness, Julien actively dismantles the narrow confines of masculinity and femininity, embracing a more fluid and expansive understanding of gender.

Julien's defiance of gender roles not only empowers him individually but also contributes to broader social change. By challenging the status quo, he disrupts entrenched systems of oppression and paves the way for greater inclusivity and acceptance within society. His refusal to adhere to traditional gender norms challenges others to question their own preconceptions and fosters a more tolerant and equitable community. However, Julien's journey is not without its challenges. His defiance of gender roles often subjects him to scrutiny, judgment, and resistance from those invested in maintaining the status quo. He grapples with the societal backlash and the internal conflict of reconciling his authentic self with external expectations. Yet, it is through these struggles that Julien emerges stronger and more resilient, reaffirming his commitment to self-actualization and gender role defiance.

## 3.2. Relationship between gender role rebellion and social change

## 3.2.1. Analysis of the social background

The novel is set in a time of political and social upheaval. The restoration of the Bourbon monarchy had ushered in an era marked by a rigid class hierarchy and conservative values, which impacted

gender roles and societal expectations. Julien, belonging to the lower class, is expected to conform to the traditional masculine roles of his station – physical labor and subservience. However, his ambitions and intellectual capabilities set him at odds with these expectations.

Furthermore, the novel uses the Church and the military as symbols of the social order, representing two paths available to men in Julien's class. His navigation between these paths reflects his struggle with the societal structures that confine him.

#### **3.2.2. Impact of gender role rebellion on social structure and value system**

#### 1) Challenging the Status Quo

Julien's actions highlight the interconnectedness between gender roles and social hierarchy. By defying the gender expectations that dictated certain pursuits were off-limits to individuals based on their gender, Julien disrupts the status quo. His rebellion against these norms not only impacts his own life but also has wider implications for the social structure and value system of his society.

The impact of gender role rebellion on social structure is multifaceted. It can lead to shifts in power dynamics, as individuals challenge the authority and dominance of those who seek to uphold traditional gender roles. Additionally, it can contribute to the dismantling of oppressive systems that perpetuate inequality based on gender. As more people rebel against these roles, societal structures adapt to accommodate more inclusive and equitable practices. Moreover, gender role rebellion influences the value system of society by challenging entrenched beliefs about gender roles and capabilities. As individuals like Julien demonstrate that anyone, regardless of gender, can excel in pursuits traditionally associated with a specific gender, it forces society to reevaluate its perceptions and biases. This can lead to a redefinition of what is considered valuable and worthy of pursuit within the community.

## 2) Romantic Relationships as Rebellion

"Romantic Relationships as Rebellion" can be a powerful tool for challenging societal norms and initiating social change. Julien's romantic endeavors, particularly his relationships with women of higher social standing, serve as a prime example of how romantic relationships can symbolize a direct challenge to the existing social order. [13] [14] In this context, Julien's relationships are not merely personal matters but rather deliberate acts of defiance against entrenched class and gender norms.

The impact of gender role rebellion within romantic relationships extends beyond the individual level to influence broader social structures and value systems. By engaging in relationships that defy traditional expectations based on class and gender, individuals like Julien disrupt the status quo and prompt a reevaluation of societal norms. [15] These acts of rebellion can catalyze shifts in attitudes towards power dynamics, privilege, and social hierarchies, ultimately leading to a more inclusive and equitable society.

Through their defiance of societal expectations in their romantic pursuits, individuals like Julien challenge the rigidity of social structures and contribute to the reshaping of collective values. By actively choosing partners outside their prescribed social circles or defying gender norms in their relationships, these individuals not only assert their autonomy but also pave the way for greater acceptance of diversity and nonconformity within society. [16] As such, romantic relationships as acts of rebellion have the potential to instigate meaningful social change by dismantling outdated notions of class and gender roles.

#### 4. Conclusion

Julien's character serves as a pivotal figure heralding the societal shifts that would later unfold. His bold defiance of traditional gender roles serves as a catalyst for introspection, igniting a discourse on the need for societal change in both social structure and gender norms. By rebelling against the confines of traditional roles, Julien not only challenges the status quo but also exposes the inherent flaws and inequalities within the prevailing social order.

The conflicts that arise from Julien's rebellion underscore the entrenched nature of gender roles and the resistance to change within society. However, these conflicts also serve as opportunities for reflection and growth, prompting individuals and communities to reassess their values and beliefs. As Julien navigates the complexities of his non-conformity, he becomes a symbol of resilience and perseverance in the face of adversity, inspiring others to question and challenge societal norms.

The impact of gender role rebellion extends beyond individual defiance to broader implications for social structure and value systems. Julien's actions contribute to a paradigm shift in the way society views gender and its associated roles, paving the way for greater inclusivity and equality. His defiance not only challenges existing power dynamics but also fosters a more nuanced understanding of identity and agency. Moreover, Julien's journey serves as a blueprint for future generations, offering insights into the possibilities and pitfalls of challenging traditional gender norms. His story inspires others to embrace their authenticity and stand up against injustice, thereby fueling a grassroots movement towards a more equitable and just society. In this way, Julien's rebellion reverberates through the social fabric, leaving an indelible mark on the collective consciousness and shaping the trajectory of social change for years to come.

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