# Analysis on the Problems and Causes of University Voluntary Service Activities

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*Abstract:* The qualified citizens in the future society should have basic innovative quality and social practical ability, which are not enough to rely on classroom learning in school. Instead, they should rely on social learning background and resources to create practical situations, guide students to find problems in real life, imitate what they have learned, and carry out migration. Through a questionnaire survey of some colleges and universities in Shaanxi Province, this paper tries to understand the urgent problems facing college voluntary service activities. Through data analysis and interviews, this paper studies the causes from the main aspects of students, schools and society, and provides research reference for improving the curricular design of voluntary service activities, so as to better improve the effect of practical education.

# 1. Survey Design

In recent years, college volunteer service has been vigorously developed and become an important way to practice and educate students. At the same time, in the overall pattern of youth volunteer service, it has played a great role in promoting the growth of young students, educational modernization and social development. However, because the university voluntary service activities are still in the early stage of development, in the implementation of formalization and other factors, the university voluntary service activities are still facing some problems, in order to more directly understand the development situation of voluntary service, combined with relevant theories to make a questionnaire<sup>[1]</sup>. The questionnaire was divided into two parts. The first part was basic information, including gender, grade and role. The second part was three dimensions, including recruitment and training before students participated in activities. The management in the activity includes the guidance service, reflection, sharing and summary after the activity, reward improvement and other perspectives to set up the questionnaire. At the same time, it covers the survey of students' satisfaction with the voluntary service organized by the school, the degree of connection with the major and the improvement of students' ability.

According to the above perspectives and the feasibility discussion with the social work teacher, the questionnaire about the development of volunteer service was preliminarily prepared, and 20 students were randomly tested for the first time, and the questionnaire was revised again based on the feedback.

# **2. Sample Information**

Starting from September 2021, according to the different regions of the university, A randomly selected university A from the urban area of Xi 'an, Shaanxi Province, and A randomly selected university B from the county-level city will conduct questionnaire survey and interview. Questionnaire before issuing, respectively, and two schools of teachers and students communicate, purpose and meaning to the questionnaire, hope to their support and help, special thanks to the school's teachers and students, the questionnaire 400, recycling, 388 effective questionnaire 375, effective recovery rate is 93.75%, after the survey, using SPSS software for data Row statistical processing. The subjects of this questionnaire were 192 students from Shaanxi A university and 183 students from Shaanxi B university, involving grade one, grade two and grade three. According to the survey results of the basic information of the questionnaire, the grade distribution of the sample was as follows: 159 students from grade one, accounting for 42.4%; 135 sophomore students, accounting for 36%. There were 81 students in the third grade, accounting for 21.6%. There were 246 boys, accounting for 65.6%. There were 129 girls, accounting for 34.4%.

Among the samples, 54 were class or community cadres, accounting for 14.4%, and 321 were ordinary students, accounting for 85.6%. It can be seen that the distribution of students participating in this survey is relatively balanced in the three dimensions of gender, grade and school role. The data obtained from the survey covers a comprehensive range and has certain reference value, which can be used as an important parameter in this study.

# 3. Problems in voluntary service activities in colleges and universities

# 3.1 Lack of professional matching before volunteering activities

In the questionnaire about "the richness of the voluntary service activities organized by the school", 258 people chose "generally rich" (68.9%), 41 people chose "not rich" (10.9%), 65 people chose "relatively rich" (17.3%). "Very rich" accounts for 11 students, accounting for 2.9%. According to the survey data, the content of voluntary service activities organized by universities is not very rich, and some students have great expectations for the richness of voluntary activities organized by universities. School professional involved more and more as a technical professional, but the volunteer service activities are often swept clean, carrying supplies, such as a single, often students will produce their own power to sell to participate in volunteer service activities is unpaid labor of cognition, content of single can also cause students to society cannot contact in many areas, the social cognitive angles.

Problems about "volunteer service activities associated with professional degree", you can see that in 177 people choose "less", accounted for 46.9%, there are 78 people choose "not close" accounted for 21%, thus, the vast majority of the content of the volunteer service activities and volunteer's professional low correlation, content is the carrier of activities, is the way to achieve the goal of activities, and There are many professional courses offered in colleges and universities, most of which are skill courses. The combination of what students learn and the content of voluntary service activities is relatively few, which cannot meet the needs of students' academic development.

# 3.2 Lack of systematic training before volunteering activities

In the questionnaire about the training should start school volunteer service, we set the frequency of training, training content and volunteers to volunteer service activities themselves the question of whether the content of the project of understanding, through the data comparison, we can see that

students before put into service, oneself is overview of the project, can know what to do, but in the deep Thinking about how to do better without progress thinking. In the data of training frequency, 29% chose "rarely" and "none", 59% chose "occasionally", indicating that the school provided less training on relevant guidance to students before the activity. In the survey on training content, "Relatively comprehensive" and "general comprehensive" accounted for a large proportion, indicating that schools can provide comprehensive guidance when they consciously carry out pre-service training, which also reflects that some schools pay more attention to pre-service training.

# 3.3 Lack of interest attraction in volunteer service activities

In about to participate in volunteer service activities frequency survey about "you to participate in volunteer service activities of frequency", select "often attend" accounted for 51%, choose "occasionally attending" (33%), we can see that basically covers all students volunteer service activities, as long as schools provide opportunities for volunteer service activities, the students basic can take part in a higher frequency, which is against The role of voluntary service in students' social practice should not be ignored.

Combined with 7 questions "the cause of the picture to you to participate in volunteer service frequency" multiple choice, the investigation can be seen, in the questionnaire of the six factors, select options "attractive", "size of self-improvement", "their own contributions to social development power" focus on these three are all more than 90%, "the school unified coordination arrangements" impact is bigger also. Comprehensive, you can see that influences the main reason for the students to participate in volunteer service is in line with the students' interest in the activity, for their ability to promote, and most of the students desire through their service, make its own contribution to the development of society, most of them are willing to volunteer students to participate in the activities of they are interested in.

#### **3.4 Lack of educational supervision in voluntary service activities**

There are 56 testers choose "often", accounted for 14.9%, option "occasionally", 281testers, about the question of "when you participate in volunteer service activities organized by the school, the teacher to the frequency of the service guide". Accounting for 74.9%, we can see most of the activities in the process of volunteer service at ordinary times the teacher occasionally participate in the service guide. Teachers at the beginning of the preparation for learning Students' Safety and other regular education is more important, but in the actual activities, they can not participate in it together with students. Do not pay attention to the performance of students' activities, and lack of corresponding guidance to the problem.

# **3.5 Lack of mutual evaluation after volunteering activities**

Questions about the survey of volunteer service activities after a total of two subjects, one question 15 is a survey about whether the teacher at the end of the volunteer service activities the students summarize and share, the option "often" 41 people, accounting for 10.9%, option "occasionally" accounted for 76%, option is "no" is "13.1%", through the data, you can see that most of the students After participating in the volunteer service activities, the school does not have enough follow-up summary and sharing activities and less reflection, which is easy to cause a vigorous start and a quiet end, and the effect of the carrier of education is not improved. This also provides us with an improved perspective for the future development of voluntary services in the organization, and the concept of service learning provides a way to improve the reflection and

sharing in the later stage of the activity.

#### **3.6 Lack of sharing incentive after volunteer service activities**

16 questions about the school what are the ways of volunteer service award "(pops) by the statistics, it can be seen that most of students to participate in volunteer service at school would receive credit or get a certificate, but in the model set up, have importance in building culture atmosphere is low, at the same time accept the service to give feedback is less, in the school's volunteer service need to reward sharing session To improve.

# 4. Analysis of the causes of problems in college students' voluntary service

Through the questionnaire survey of volunteer service, we can see the current situation of college students' volunteer service activities. It can be seen that the causes of the existing problems are mainly analyzed from the following three aspects:

# **4.1 Personal Aspects**

# 4.1.1 Lack of awareness of voluntary services

Through data comparison, we can see that the vast majority of the student to the volunteer service in general is to understand somewhat, but knowledge is not too high, 55% of students choose "general knowledge" at the same time there are still some students to volunteer service no basic understanding, visible volunteer service activities high enough or the popularity of education popularization effect still need to increase the space. At the same time, most students do not have a comprehensive understanding of voluntary service, often think that voluntary service is altruistic, and cannot correctly understand the role of voluntary service and their own development and social progress, which leads to the lack of motivation to participate in voluntary service and low active participation.<sup>[2]</sup>

#### **4.1.2 Low professional skills**

In the usual volunteer service activities, the professional skills are not prominent enough, and the combination of theory and practice is poor. More attention is paid to the study of theoretical knowledge, but the application in real life scenes lacks the corresponding integration.

At the same time, the cultivation of professional identity is lack, we pay attention to the imparting of knowledge, but ignore the development of students' personality, the cultivation of students' career planning, professional emotion and other aspects, ignoring the cultivation of students' emotional needs, social adaptability is not conducive to the development of students' career.

#### **4.1.3 Lack of team cooperation**

College students at this stage has stronger self-awareness, lacking of comprehensive self-awareness and the ability of self-management and self-service, in cooperation with others without some coordination ability. While the teachers in the usual classroom management and campus activities and lack of conscious actively guide, to plays covering less, dedicated team spirit guide.

#### 4.2 School Aspects

#### **4.2.1 Low attention**

Through the questionnaire survey data, combined with data comparison, we can see that the students' volunteer service and professional combination of less makes the students to participate in service at the same time. The professional identity, a sense of belonging and poor ability to ascend, as you can see the school in volunteer service organization, there are formal, activity more superficial deed. Because of the top-down organized into Activities Lines, no progress, digging the moral education function of volunteer service and the deepping of the intension of volunteer service activitie, resulting in content selection, teachers' training, financial support, the respects such as logistics costs less, leading the volunteer services cannot be sustainable development.

# 4.2.2 Lack of organization planning

In the survey of this paper, there are many problems in the preparation before the activity, the educational guidance during the activity and the evaluation and sharing after the activity. It can be seen that at present, the school lacks systematic planning in the development of voluntary service activities. Analysing the questionnaire data, we can see that the students' services is low. As unaccuratly job matching, we unfully play to students' subjective initiative, students generally less social experience and training before the activity, they have to a preliminary understanding of service content, required skills and anticipation for important way. At the same time, the students, in the activities, lacking of process of reflection and lead, will be missed it . [3]After the activities, the evaluation and sharing of the service activities is a crucial link, but often because the school does not form a systematic management in the organization, the overall service quality is not high, and the students gain little in the process of service, which has a negative impact on the healthy development of voluntary service activities.

# 4.2.3 Imperfect evaluation system

In practical evaluation of volunteer service activities, pay attention to the results evaluation, evaluation and energized and the lack of growth evaluation, it also as a result, the volunteers to focus too much on the results and ignores the process, and in the process of the volunteer's own ascension, the growth of the individual are neglected, student engagement, a sense of accomplishment is reduced, support for volunteer service after degree is low.

#### **4.3 Social Aspects**

# 4.3.1 Lack of social security

Founding in the investigation and interview, the supportment in terms of activity funds is less. At the same time, the students during the period of voluntary service, some don't deal with insurance, because of there is no special policy regulation, social organizations, generally short-term travel risks. At the same time, there is often lack of relevant guarantees in the distribution of uniform clothing, basic work protection and transportation.

#### **4.3.2** Low social recognition

Students to participate in the volunteer service is the campus or more basic labor services in the majority, because in the society to the student's overall recognition is low, the lack of trust, usually provided by the volunteer service jobs are fundamental, at the same time pay cannot give a fair

evaluation of students.<sup>[4]</sup> It also makes students main body status in the entire process fuzzy, students first impression of society is not friendly, unfavorable to students The cultivation of social emotion and responsibility. At the same time, this again shows that both the society and the school need to communicate and cooperate in educating people.

UNESCO puts forward the future society qualified citizens should have the basic quality of innovation and social practice ability. And both rely on school classroom learning is not enough. Needing to rely on social background and resources of learning and creating practice, it guides the student to found problems in the practical life, and imitate what they have learned knowledge, to migrate. By analysing the causes of volunteer service activities in colleges, it will provide a research basis and solutions in the future [5].

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