

Research on the Cultivation System of College Students' Comprehensive Quality Based on the Concept of Collaborative Education

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Abstract: In the new era, the requirements for college students' comprehensive quality are more comprehensive, and the personnel training in colleges and universities has gradually formed an all-round development personnel training system oriented by the integration of "five educations". However, the current talent training in colleges and universities needs further study in the aspects of comprehensive quality training concept, training content and training mechanism. Although the existing research results put forward countermeasures from a single level or multiple angles such as family, school and society, a complete comprehensive quality cultivation system has not yet been formed. In this regard, we should systematically integrate the relevant subjects of college students' comprehensive quality cultivation, and construct a college students' comprehensive quality cultivation system based on school education, social resources and family education from the perspective of collaborative education, to promote the relevant cultivation subjects to form a joint force and jointly cultivate college students' comprehensive quality.

1. Introduction

General Secretary put forward at the national education conference: "We should strive to build an all-round education system for moral, intellectual, physical and artistic education, and form a higher-level talent training system." In October 2022, a Report to the 20th CPC National Congress of the Party emphasized: "To implement the fundamental task of educating people by virtue and cultivate socialist builders and successors with all-round development in morality, intelligence, physique, beauty and labour." It is not only a realistic and long-term need to promote the high-quality development of higher education but also a brand-new topic and an important mission for the school to promote talent training to systematically and deeply explore the cultivation of college students' comprehensive quality with all-round development of morality, intelligence, physique, beauty and labour. The Opinions on Deepening the Reform of the Educational System and Mechanism promulgated by the Central Committee of the Communist Party of China and the State Council emphasized that "collaborative education should be further promoted and institutionalized."

Therefore, the cultivation of college students' comprehensive quality is the key task of ideological and political education in colleges and universities, and it is difficult to leave the theoretical research and practical exploration of the collaborative education system in the cultivation process[1].

2. Materials and methods

The Central Committee of the Communist Party of China's Proposal on Formulating the 14th Five-year Plan for National Economic and Social Development and the Long-term Target for the Year 2035 (hereinafter referred to as "the Proposal") further incorporates "improving the cooperative education mechanism among schools, families and society" into the basic requirements for building a high-quality education system in the new era. Therefore, given the cultivation of college students' comprehensive quality, we should systematically consider the cultivation advantages of schools, society and families, and formulate a targeted and systematic cultivation system based on the concept of collaborative education, to broaden the cultivation ways of college students' comprehensive quality and guide the coordinated development of college students' IQ, EQ, finance and business, and the all-round development of morality, intelligence, physique, beauty and labour.

2.1 Background of the study area

Since Socialism with Chinese characteristics entered a new era, the overall quality of Chinese college students has improved. However, there is still a big gap between the current situation of college students' comprehensive quality and the objectives and requirements of students' comprehensive development and cultivation stipulated in the Core Literacy of Chinese Students' Development.

First, in terms of the concept of cultivating college students' comprehensive quality, although the concept of comprehensive quality oriented by "the integration of five educations" is widely accepted, there are still deviations in the understanding of comprehensive quality cultivation by all educational subjects, such as the idea of existence-oriented in colleges and universities and the lack of initiative of family and society to participate in educating people. Secondly, in terms of the content of cultivating college students' comprehensive quality, "employment orientation" and "score-only theory" are popular, and the potential and value of other "four educations" are not fully tapped, such as the dominance of intellectual education and the simplification of evaluation in the comprehensive quality evaluation of colleges and universities. Thirdly, in terms of the cultivation mechanism of college students' comprehensive quality, the collaborative education mechanism has not yet been established, such as colleges and universities undertaking most of the education work alone; The orientation of family education is vague and the methods are improper; There is a certain degree of lack of functionality and reality in social education in helping personnel training.

At present, the cultivation of college students' comprehensive quality is still in the exploratory stage, which not only fails to form a scientific and complete cultivation system, but also fails to fully tap the advantages of family, school and society, and lacks systematic and targeted paths and countermeasures for cultivating college students' comprehensive quality. To cultivate college students' comprehensive quality, we should focus on analyzing the cultivation carrier, cultivation environment and cultivation methods based on clarifying the cultivation objectives and contents of college students' comprehensive quality, to promote the cultivation of schools and families and society to be "concentric", "same direction", "peer" and "same strength", thus broadening the cultivation ways of college students' comprehensive quality and improving the cultivation effect of college students' comprehensive quality. Combined with the above analysis, by integrating the relevant subjects involved in the cultivation of college students' comprehensive quality, we can

promote the cultivation of college students' comprehensive quality and promote the all-round development of college students' morality, intelligence, body, beauty and labour[2-3].

2.2 The concept of collaborative education of college students' comprehensive quality cultivation

Collaborative education means that all kinds of educational subjects who participate in the process of talent training play their roles in a coordinated and orderly manner to jointly promote the all-round development of the cultivated objects. The cultivation of college students' comprehensive quality is a systematic project. The "Proposal" points out that "improving the cooperative education mechanism of schools, families and society" should be included in the basic requirements of building a high-quality education system in the new era. Therefore, in the practice of cultivating college students' comprehensive quality, the above participants are the key cultivation subjects. In short, the cultivation subjects of college students' comprehensive quality can be summarized as family, school and society, and the collaborative cultivation of college students' comprehensive quality can be further summarized as goal collaboration, content collaboration and process collaboration.

(1) Goal coordination

Improving the comprehensive quality of college students and cultivating them into socialist builders and successors with all-round development in morality, intelligence, physique, beauty and labour is the fundamental goal of cultivating college students' comprehensive quality. People who benchmark for all-round development can subdivide their basic goals into five core dimensions: moral education, intellectual education, physical education, aesthetic education and labour education, and require students to become civilized people, cultural people, healthy people, elegant people and diligent people. Thus, as far as the cultivation of college students' comprehensive quality is concerned, its goal is systematic and collective. To achieve this goal, it is not achieved overnight, and it is necessary for families, schools and society to form a common consensus on the cultivation goal, and to strengthen communication from the aspects of scientific goal setting, orderly development and effective connection in the actual implementation process. In the practical cooperation of cultivating college students' comprehensive quality, we should take school education as the main body, lead the family and society to cultivate the main body and work out the cultivation goal of college students' comprehensive quality through consultation.

(2) Content Collaboration

The cultivation content of comprehensive quality is the key support for the cultivation of comprehensive quality of college students at present. The cultivation of college students' comprehensive quality should be content-oriented, which can be divided into five aspects, among which moral education is the first, including moral education, political education, ideological education and rule of law education; Intellectual education is the foundation, including imparting knowledge and skills, developing intelligence and innovation; Sports cooperation, including improving cognition, cultivating habits, strengthening physique and healthy growth; Aesthetic education support, including students' ability and quality to know, love, discover and create beauty; labour and education are the most important, including labour consciousness, labour ability and labour spirit, involving daily life labour, productive labour and service labour; Wait a minute. The content of cultivating college students' comprehensive quality is very extensive, involving many aspects of college students' family life, school life and social public life. Objectively, it is required that the main body of cultivating college students' comprehensive quality should cultivate students in the same direction and cooperate. In terms of content collaboration, all kinds of educational subjects should focus on the pertinence, timeliness and initiative of training work to carry out content collaboration. In terms of pertinence, all educational subjects should provide personalized, package-style and customized content services according to the commonness and personalized needs of college students' comprehensive quality training content. In terms of timeliness, in the face

of new problems and new situations in the cultivation of college students' comprehensive quality, all educational subjects should cooperate and find problems in time, to effectively prevent problems and respond to students' concerns in time. In terms of initiative, all educational subjects should conform to the rapid development of society and the new trend of deepening reform in an all-round way, take the initiative to update the content of cultivating college students' comprehensive quality, to ensure that the cultivation content reflects the pace of social development and ensure the synergy and consistency of educational ideas and value guidance of all educational subjects.

(3) Process synergy

In the process of college students' all-round development, based on integrating educational elements and educational resources, all educational subjects construct a pattern of cultivating college students' comprehensive quality in an all-round environment, which provides regulation and guarantees for college students' all-round development. In the process of cultivating college students' comprehensive quality, all educational subjects should take the integration of cultivation contents, the intersection of cultivation methods, the interconnection of cultivation platforms and the intercommunication of cultivation methods as the basic premise, integrate and optimize cultivation resources, effectively decompose the cultivation objectives of college students' comprehensive quality, coordinate and control the cultivation contents of college students' comprehensive quality, link families, schools and society, and form a comprehensive quality cultivation system for college students with coherent cultivation links and coordinated cultivation process. In addition, in the practice of cultivating college students' comprehensive quality, we should formulate and form a feasible cultivation system, strengthen policy guarantee and guidance, and improve evaluation and reward methods, to guide all educational subjects to effectively integrate educational resources, improve the existing cultivation mechanism, and ensure effective and orderly process coordination, to achieve the same goal in the process of cultivating comprehensive quality and enhance the coordination of all educational subjects as a whole[4-5].

2.3 The construction of a collaborative education system for college students' comprehensive quality

Combining the concept of collaborative education with the cultivation of college students' comprehensive quality, a "trinity" collaborative education mechanism based on school education, family education and social resources is constructed and the goal coordination, content coordination and process coordination of college students' comprehensive quality cultivation are realized by promoting the complementary advantages, resource sharing and in-depth cooperation among the educational subjects.

As the main position of cultivating college students' comprehensive quality, schools should combine theoretical education with practical education. On the other hand, we should co-ordinate the educational resources within the school, actively carry out practical activities related to the cultivation of college students' comprehensive quality, promote the cultivation of comprehensive quality in the same direction, and realize the "all-round, all-round" cultivation of comprehensive quality in the school.

(1) In the course of teaching, schools should improve the "pass-and-accept" one-way indoctrination teaching mode, truly take students as the centre, build a new classroom teaching mode with "students as the main body and teachers as the leading factor", and guide students to actively participate in classroom activities using heuristic, participatory and discussion methods. In addition, while excavating the appropriate factors contained in previous educational concepts, we should promote the innovation of educational models based on the concept of "all-round development", such as exploring the problem-oriented consciousness, sense of participation and sense of experience in deep learning, and promoting localized innovation for cross-disciplinary educational models such as STEAM and STEM according to the development needs of local education. Classroom teaching objectives need to be designed according to the actual situation of

discipline education, to ensure that the teaching process is orderly and flexible. At the same time, teachers should master the initiative in the teaching process, and integrate with the discipline attributes to avoid the inefficient practice of "all-round development for students". The implementation of the concept of all-round development requires teachers to integrate diverse ideas into their concepts, broaden their horizons into their hearts and enrich their knowledge of their majors. In addition, they should achieve "five-education integration" in knowledge and ability, strengthen their daily study, actively participate in pre-service and post-service training, improve their skills and skills, consolidate their professional foundation, persist in being upright and innovative, and strengthen their practical ability.

We have offered aesthetic education courses such as Chinese excellent traditional culture, organized a series of lectures on cultural literacy, and established aesthetic education clubs such as college student art troupes. We have carried out a series of small, flexible, and diverse aesthetic education activities, allowing students to experience the charm of phonology in teaching, appreciation, and experience. We have improved students' ability and quality to discover, recognize, love, and create beauty. Finally, we adhere to prioritizing labour education and implementing the plan to revitalize the country through labour.

(2) We rely on social resources to create a comprehensive quality training atmosphere for college students.

We will actively create a favourable atmosphere for comprehensive development and build a pattern of collaborative education in an all-round way. We will give full play to the leading advantages of new media such as the Internet, radio and TV, provide positive cultural works to society, and guide students to establish a sense of all-round development.

(3) We have laid a solid foundation for cultivating college students' comprehensive quality based on family education.

Family plays an important role in the cultivation of college students' comprehensive quality, and the values and behaviours of their family members play a special educational role in the formation and development of college students thinking concepts. In the process of cultivating college students' comprehensive quality, we should attach importance to the basic role of family education, promote the family and school to form a joint force for cultivating college students' comprehensive quality and consolidate the foundation for cultivating college students' comprehensive quality.

Parents keep pace with the times and update their educational concepts. Parents should keep pace with the times, change unreasonable educational concepts, establish scientific educational concepts, pay attention to their children's all-round development, strengthen the cultivation of their children's awareness of all-round development in morality, intelligence, physique, beauty and labour, and avoid the wrong tendency of attaching importance only to intellectual education and neglecting other four educations. Parents should continue to follow up to understand their children's growth, take the initiative to contact college teachers, pay attention to their children's performance in school, and master their ideological trends and growth paths; Parents should actively reflect their children's daily performance, thoughts, emotions and physical and mental conditions at home to the school to form a virtuous circle of two-way interaction.

We have created a good family atmosphere and created a harmonious family atmosphere. First, parents should lead by example. Parents should set an example by themselves, give full play to the power of example, consciously respect the old and love the young, be honest and trustworthy, be polite, be diligent and diligent, and be eager to learn, to set a good example for their children; Second, master the correct educational methods and respect and care for the growth of children. When children are in school, they should pay more attention to online care, be good listeners to their children, respect and understand their thoughts, guide them according to the situation and help them grow up independently.

3. Conclusions

In the face of the urgent demand for comprehensive development of college students' comprehensive quality in the new era, this paper takes the concept of collaborative education as the basis for constructing a comprehensive quality cultivation system for college students with school education as the main body, social resources as the support, and family education as the foundation, to promote the formation of synergy among all parties in cultivating the main body to cultivate the comprehensive quality of college students, and to guide the formation of the "five-education integration" oriented comprehensive development talent cultivation system. "Five-Education fusion"-oriented system for cultivating talents for comprehensive development in colleges and universities.

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