Exploration and Practice of Effective Integration of College Students' Labor Education and Ideological and Political Education

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Abstract: The effective integration of college students' labor education and ideological and political education is not only conducive to the all-round development of college students in terms of moral, intellectual, physical, aesthetics and labour education, but also has important value guiding significance for college students' education and growth. It is not only the important embodiment of the basic task of establishing morality and cultivating people, but also the inevitable choice of cultivating students' all-round development, which helps students form a scientific and correct outlook on life, values, world view. However, there are still many practical problems in the process of integration. This paper mainly analyzes and discusses the existing problems in integration education, the significance and the specific integration path.

1. Introduction

Labor education is closely related to moral, intellectual, physical, aesthetics education. Labor contributes to the formation of good quality, contributes to the formation of the collective, to the country's sense of obligation and responsibility, is an important part of the comprehensive development of the education system, is a necessary way for students to grow. It has the comprehensive education value of virtue, wisdom, physical strength and aesthetic. By strengthening the labor education of college students, it can help them to establish correct labor values and good labor quality. So as to improve the comprehensive quality level of college students and promote their all-round development. The effective integration of labor education and ideological and political education of college students is not only of great significance for promoting high-quality development of higher education, implementing the fundamental task of building morality and cultivating people, and innovating the curriculum system of ideological and political education, but also conducive to enhancing college students' understanding of labor thoughts and establishing correct values of life for college students, and thus help colleges and universities to cultivate social builders and successors with all-round development of moral, intellectual, physical, aesthetics and labour education[1].

2. Problems Existing in the Integration of College Students' Labor Education and Ideological & Political Education

2.1. Construction of Labor Education Teaching Staff is Relatively Weak

In the process of integratinglabor education and ideological & political education for college students, there is a problem that the construction of labor education teachers is relatively weak. As an important part of the "5-dimension education", labor education is very important for contemporary college students to carry out correct labor education. However, at present, many colleges and universities do not have professional labor education teachers, and most of the teachers engaged in labor education are also non-professional teachers[2]. Generally speaking, they are not very good at labor education teaching, and their knowledge of labor education is limited. At the same time, they cannot carry out teaching activities in labor education well.

In a word, the shortage of the construction of teachers in labor education seriously restricts the in-depth development of labor education in colleges and universities, and also brings a lot of adverse effects on the development of integrated education. Therefore, colleges and universities should strengthen the construction of labor education teachers, equipped with some high-quality, professional labor education teachers[3].

2.2. Students' Awareness of Labor Education Needs to be Strengthened

Labor education enables students to establish a correct view of labor and labor attitude, love labor and working people. Develop the habit of labor, the formation of labor to be proud of the quality of laziness. Resist the influence of bad habits such as idleness, the desire for enjoyment, getting something for nothing, extravagance and waste. The labor consciousness of college students is relatively weak. With people's living conditions have been significantly improved compared to the previous level, and parents have become increasingly concerned about students' learning and education, hoping that their children can concentrate on learning and strive to improve their academic performance[4].

As a result, parents spend most of their energy on students, cleaning up all the trivial obstacles in life for students, and do not let students be responsible for all housework, which therefore reduces students' awareness of labor, no active labor concept, not respect the achievements of other people's work, despise manual laborers, weak basic living ability and lack the ability to resist setbacks. In short, students lack the mentality of active labor, and the quality of labor needs to be strengthened.

2.3. Separation of Labor Education from Ideological and Political Education

In the current teaching in colleges and universities, some schools have not given enough attention to labor education, and the curriculum of labor education is not very perfect, mainly through the course penetration, professional practice, summer internship, work-study, life management, campus activities and other forms, but there is no special labor education courses, not into the overall teaching plan, lack of professional teachers. No effective evaluation mechanism has been established, resulting in the hollow content of labor education, the form of the hollow, the weakening of the goal, the effect of education has been affected.

In addition, labor education has not been combined with the daily ideological and political teaching work, and ideological and political classes have not been able to reflect the teaching content associated with labor education. In a word, labor education and ideological and political education are separated and disjointed from each other. Colleges and universities have not really integrated the teaching content of labor education into the course of ideological and political

education, and lack of attention to integrated education[5].

3. The Significance of the Integrations College Students' Labor Education and Ideological and Political Education

3.1 Help College Students to Establish Correct Values and Realize the Value of Life

The integrated development of college students' labor education and ideological and political education is conducive to college students to establish correct values, so as to realize their life value. Ideological and political education in college is an important way to cultivate students to form correct values, and the effective combination of the cultivation of labor quality and ideological and political education is conducive to the realization of college students' life value. Through specific labor education and teaching, students can establish correct labor value awareness, coupled with the teaching guidance of ideological and political education. Students can form correct labor concept, necessary labor ability, good labor habits and quality, and positive work spirit, and then realize the value of life[6].

3.2 Help College Students to Promote All-round Development and Improve Their Comprehensive Ability

The integrated development of labor education and ideological and political education of college students is conducive to the all-round development of college students and to enhance their comprehensive quality and ability. With the in-depth development of the concept of quality-oriented education, colleges and universities pay more and more attention to the cultivation of students' comprehensive quality and improve their comprehensive ability.

The effective combination of labor education and ideological and political education, on the one hand, through ideological and political education can guide students to work hard, good at labor, love labor, form correct labor value orientation. And establish a correct view of labor and labor attitude, then improve the labor literacy and labor skills of college students. On the other hand, labor education can also exercise students' practical ability, enhance their labor awareness and ideological and political awareness, establish firm ideals and beliefs, and then advocate labor, respect labor, develop themselves, serve the country, contribute to society[7].

4. Integration Path of College Students' Labor Education and Ideological and Political Education

4.1. Strengthen College Students' Understanding of Labor Education

Labor creates everything, labor makes people progress, labor makes people healthy, labor gain value. In the process of integrating labor education and ideological and political education for college students, we should pay attention to strengthening the labor education understanding of college students. As the main force and backbone of the future social development, college students are the future and hope of social development. At present, college students are in the critical period of the formation of labor concept, so it is very important to guide them with the correct labor value concept.

On the one hand, colleges and universities should set up specialized labor education courses, such as: Marxist labor view and so on. In short, students should be guided ideologically and their understanding of labor education should be increased. On the other hand, colleges and universities should also steadily promote the combination of labor education with ideological and political

education and campus cultural activities to complete the task of labor ideological education, such as: the theme of learning Lei Feng, May Day activities and so on, so as to exercise students' will to work and improve students' understanding of labor. In short, it is necessary to enhance students' understanding of labor through the effective labor ideological education[8].

4.2. Strengthen the Construction of Teaching Staff and Labor Education Bases

Teachers play a key role in the process of students' growth. High-quality teachers provide powerful teachers for the implementation of labor education. We should pay attention to improving the professional teaching staff of integrated education. Integrated education teachers play an absolutely key role in the process of the integration of labor education and ideological and political education. Therefore, colleges and universities must pay attention to improving and perfecting the professional education teachers, strengthen the construction of professional teaching team. Colleges and universities can organize integrated education teachers to actively participate in relevant education and teaching training, then improve their teaching level and professional quality. On the other hand, teachers can also communicate with each other, through continuous learning to improve their comprehensive quality[9].

Strengthening the labor education base is an effective way to implement the labor lesson, and a labor education platform integrating ideological education, knowledge education, skill education and labor practice. It can effectively make up for the defects and deficiencies of school and family education, expand the space of school education, extend and supplement school education. Help students fully understand the significance of labor, establish a correct concept of labor, to overcome the do not want to work, will not work phenomenon.

4.3. Construct a Scientific Labor Education Curriculum System

Classroom teaching is the main channel of college education and teaching. To do well in labor education, we should set up special labor education courses, and organize students to participate in daily life, production and service work in a purposeful and planned way, so that they can do practical work, work hard and sweat, receive exercise and temper their will, and cultivate correct labor values and good labor quality. On the one hand, colleges and universities should optimize the specific setting of courses, reasonably allocate the proportion of class hours of labor education and ideological and political education, and at the same time, the specific setting of courses should be combined with the physical and mental development characteristics of college students, so as to make the curriculum system of integrated education more scientific, reasonable and systematic, and can better play its integrated effect.

Establish and improve labor education discipline system, teaching system, textbook system, management system, and other professional courses in the same direction. Solid promotion of labor education with professional education, practice training, to complete the task of labor knowledge and skills education; We will steadily integrate labor education with social practice, voluntary service, innovation and entrepreneurship education, and career education, so that students can get all-round development in labor practice training. In addition, colleges and universities can also set courses according to the specific needs of the society, and dynamically adjust and innovate the curriculum system of integrated education, which should not only ensure the correct direction of talent training, but also meet the needs of the society for professional talents[10].

5. Conclusion

In a word, the effective integration of labor education and ideological and political education,

Inspire college students' love of labor, educate them to understand the dialectical relationship between labor and the comprehensive and free development of human beings, understand the indispensable role of labor in improving life skills, improving ideological cultivation, tempering the quality of will, forming scientific "three views", and establish Marxist labor values. It is an important method to improve the effectiveness of college students' labor education.

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