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## Ideological and Political Research of Midwifery Professional Courses under the Background of 'Double High Plan''- Takes the Midwifery Course as an Example

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**Abstract:** The study of ideological and political construction is an important topic in the construction of higher vocational schools under the background of "double-high plan". According to the "double peak" required by the construction of professional courses, through the design of scientific, innovative and diversified professional teaching content, make full use of modern resources of professional courses, promote the integration of information technology and midwifery curriculum teaching. And enhance the students' subjective initiative in learning professional knowledge and improve the quality of classroom teaching and humanistic literacy for midwifery major students, so as to better serve the society.

#### 1. Introduction

As a very important major in the major category of medical care, the main goal is to train maternal and neonatal nursing staff with professional ability. Combined with the requirements of "double high" construction in our school, we will promote the transformation of professional teaching and the construction of "ideological and political sports department", fully acquire the ideological and political elements in the teaching content, and improve the professional quality of talents and ideological and political literacy ability of talents. This paper takes the "double plan" as the background, takes the "midwifery" course as an example, excavates the curriculum construction and focus, the ideological content goes deep into the midwifery major, explores the "double background" midwifery major and the ideological curriculum collaborative innovation mechanism, and provides reference and suggestions for higher vocational colleges.

#### 2. Significance of ideological and political construction of midwifery major

Higher vocational colleges are important universities to cultivate high-quality technical and skilled talents. Taking the "double high Plan as an opportunity", "Midwifery", as one of the important courses, plays an important role in the development of students' vocational skills. From the aspect of education, training comprehensive and high-quality talents has always been the primary task of higher vocational colleges and the standard to judge the teaching quality of schools. It is very important to integrate ideological and political elements into the midwifery teaching classroom. On the one hand, schools

and teachers attach importance to ideological education; on the other hand, it can improve the teaching content not only from professional knowledge, but also to the development of students' moral education, and provide theoretical support for vocational colleges to integrate ideological education into professional teaching[1].

Based on the summary and absorption of the research results of the ideological and political integration of midwifery professional courses, combined with the current situation of higher vocational colleges, this study innovates the design of the teaching classroom content of "midwifery", and integrates the ideological and political content into the design of the course teaching content. Explore how to improve the quality of midwifery course teaching design, avoid the existing teaching defects, from the concept of ideological and political course integration, teaching content design, innovative teaching methods, etc, from the development of ideological and political teaching resources, professional teaching and ideological and political content, cultivate students' ideological and political accomplishment, create ideological and political classroom situation, so that students can develop well in professional skills and ideological and political literacy.

### 3. Current situation of ideological and political research in the midwifery course

"Midwifery" is a strong practical and professional course. Teachers in higher vocational colleges have a strong influence on students' education, and then affect the life and health of pregnant women and newborns. At present, there are many colleges and universities in China, professional curriculum design is standardized, and students' learning content is a system. However, many higher vocational colleges did not infiltrate the ideological and political content into the midwifery class. The teaching of midwifery is still in the concept stage, and many teachers and students do not pay great attention to this, and this disregard may often cause some harm. The main defects of ideological and political infiltration in classroom teaching are reflected in the following aspects:

#### 3.1 Lack of ideological and political teaching mode in the teaching process of midwifery

Midwifery professional class mainly focus on students' knowledge, operation ability and understanding ability, under the background of "double plan", the country for professional classroom into ideological education requirements, although the teacher according to the country occasionally involved in ideological education, but ideological education and ideological education will only meet, without system design, sometimes will not show ideological education in the classroom[2]. Therefore, in order to provide students with teaching content with sufficient ideological and political atmosphere and create a positive classroom atmosphere, the teachers of midwifery need to integrate ideological and political education into the midwifery professional classroom, and subtly infiltrate the ideological and political spirit in teaching.

#### 3.2 Ideological and political classroom resources development are insufficient

At present, the "midwifery" classroom is mainly based on the textbook teaching and practical training teaching, and the teaching-based classroom will make the students feel boring, unable to catch the students' attention. Ideological and political education is mainly about oral education, and students may forget after listening to it for a period of time, showing that ideological and political education is almost not involved in the class of "Midwifery". In today's rapid development of information technology, students can have access to more and more complex network resources. For higher vocational college students, more ideological and political education content may be occasionally obtained from the network, but higher vocational learning is lack of active learning consciousness, and will not actively obtain ideological and political content. Therefore, teachers should, according to the

development of The Times, use modern scientific and technological means to assist ideological and political education and teaching, and earnestly implement the task of cultivating people in colleges and universities.

#### 3.3 The ideological and political content of the textbook of midwifery is not enough

The teaching of "Midwifery" does not deeply dig out the ideological and political materials, and the attention of teachers and students only revolves around the study of professional midwifery knowledge, which does not reflect the importance of students to accept ideological and political education, causing students to ignore the importance of ideological and political content for the current study process.

To sum up, the teaching of "midwifery" is not deep enough for the ideological and political spirit, the content is not wide, and the professional teaching materials include ideological and political content, which limits the development of students' comprehensive quality. In view of the above deficiencies, colleges and universities are more and more aware of the importance of ideological and political penetration into the teaching links of "midwifery".

#### 4. Ideological and political classroom into the design strategy of classroom teaching

#### 4.1 Construct the ideological and political teaching mode of "midwifery" course

In the overall teaching process, the professional teachers are not only the designers of the teaching content, but also the practitioners of integrating the ideological and political elements into the professional teaching. Ideological and political elements are integrated into all links of midwifery teaching, to cultivate students' excellent professional ability, excellent ideological character and quality, and to meet the needs of students' lifelong development and social development. This research provides the direction for the teaching mode of "Midwifery" with the requirements of the "double high Plan"[3].

In the process of midwifery classroom teaching, teachers should be from the perspective of students teaching content research design, and on the basis of relevant theoretical guidance, through the school teaching platform, on the basis of the existing knowledge, the use of case teaching mode can let students get more learning experience, make students to have a more accurate understanding of the midwifery study, more love their professional, and can actively participate in professional learning. In the classroom teaching of Midwifery, the existing hot deeds can also be used to infiltrate the ideological and political education. For example, the previous reported that the puerpera in the operating room must first protect the safety of children, whether it is the safety of children or their own safety, the duty of doctors and nurses is to try their best to protect the safety of mothers and newborns. In the professional classroom teaching to grasp the appropriate time to briefly introduce some practical cases around, is also conducive to stimulate students' love for their own professional learning and sense of professional mission.

Ideological and political education enriches the traditional education mode and has remarkable teaching effect; on the other hand, it stimulates students' enthusiasm and learning, and effectively promotes the quality education in higher vocational colleges.

# 4.2 Use multimedia means to stimulate students' enthusiasm for ideological and political affairs

As the main form of modern educational technology, the information-based assisted teaching method is widely used in the classroom teaching of midwifery major in various colleges and universities. The appropriate use of multimedia means in each teaching link can effectively arouse students' enthusiasm for learning and further deepen ideological and political education. For example, the appropriate use of multimedia methods in the classroom introduction can effectively stimulate students' love for science, and more intuitively feel the problems encountered in the actual work of the major, because students are full of awe for the profession and empathic with women and newborns. Nowadays, one of the common methods of teachers into the classroom is to create the multimedia method of midwifery professional knowledge, or at the end of the course introduced a realistic video cause students ponder, the biggest advantage of this method is fully stimulate the students' interest in learning, realize the organic combination of professional knowledge and practice, in a subtle influence on students' professional outlook and outlook on life.

In addition, it is feasible to promote ideological and political education in classroom evaluation and summary. At the end of each class, students can talk about the class feelings or the impressive content. If some students talk about the ideological and political content involved in the video, the teacher can communicate with students more. Under the background of "double high plan", teachers insist on advancing with The Times, using modern information means to guide the love of midwifery, the country, the maternal and newborn care; actively use various creative factors, under the guidance of teaching content and objectives, let ideological education into the aspects of learning, so as to effectively promote the learning effect of ideological education.

#### 4.3 Excavate the ideological and political materials contained in the teaching materials

Taking the construction of "Double high Plan" as an opportunity, we carried out ideological and political research and practice of "Midwifery" course. The "Double High Plan" requires professional courses to effectively integrate ideological and political elements, so that professionals can better serve the socialist modernization construction[4]. Increase the intensity of propaganda and education of ideological and political spirit, and focus on cultivating students' professional quality, patriotism and positive quality. In terms of midwifery professional teaching, schools must deeply explore the midwifery professional textbooks, choose the midwifery professional learning content suitable for students' learning situation, and integrate ideological and political knowledge with subject knowledge. In the existing teaching materials of production majors, ideological and political education is not placed in a clear position, midwifery teachers need to fully explore the factors in the textbooks, let ideological and political integration into midwifery textbooks. Reference to the midwifery curriculum standards and curriculum ideological construction requirements, the ideological education throughout the teaching, make the teaching content can correspond to the actual production process, and the Table 1. ideological elements through the case into classroom knowledge, which can make the ideological elements into more vivid and close to the actual, avoid simple boring transmission of ideological knowledge is not effective[5].

The ideological and political content contained in the textbook of "midwifery" is sorted out, permeated and integrated in the teaching, so that the teaching content of "midwifery" comes from the textbook and is higher than the textbook. After the profound analysis and integration of the teaching material of "midwifery" in higher vocational schools, while conducting education and teaching, ideological and political and classroom are effectively combined, so that the course of "midwifery" presents a different scenery and taste.

#### 5. Conclusion

The classroom of Midwifery is jointly constructed by teachers, students and teaching content in specific situations, and plays a vital role in accepting the ideological and political education of students in higher vocational colleges. When the teachers of midwifery major integrate the ideological and

political education spirit into the teaching content of midwifery science, they constantly strengthen the ideological and political education by constructing various teaching modes, using multimedia means and mining the ideological and political content in the teaching materials. It is of great significance to integrate the teaching links of "ideological and political" education into the construction of ideological and political education of "Double High Plan".

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