

Discussion on the Fit between Constructivism and Reform of English Teaching

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Abstract: With the continuous reform and development of education, the teaching methods and the learning strategies continue to be scientific and advanced. The development of education in China is changed rapidly, and the advancement of reform of English teaching has enabled English teachers to gradually explore scientific and effective development models, and Constructivism is one of them. Constructivism insists on the principle of focusing on students that can stimulate students' interest in English learning, improve students' practical application ability of English, and improve students' English ability. In addition, it can promote the development and popularization of student-centered classroom teaching model in the process of English teaching reform, which is of great benefit to English teaching and learning.

1. Introduction

The principle of English teaching lies in grasping the students' position as the domination of English learning to promote the continuous improvement of students' English level, so a sufficiently scientific and advanced teaching model is required. The Constructivism encourages students to construct their own knowledge structure during the teaching process, helps students build up enough interest and confidence, and promotes English teaching to be more efficient. This paper introduces the overview of Constructivism, and discusses its teaching function and teaching practice strategies.

2. Overview of Constructivism

With the continuous transformation and optimization and upgrading of educational concepts in recent years, Constructivism is a new teaching theory, which plays a pivotal role in international education. It can effectively promote the improvement of teaching effects and promote the reform of current English teaching in China. The Constructivism was first put forward by foreign scholars in the 19th century, and with the subsequent popularization and development and continuous improvement, a systematic, comprehensive and complete educational theory has been formed. In the theory of Constructivism, the traditional education model is changed, such as the teacher's indoctrination and cramming-style teaching, and the domination of learning is fully returned to students, so that students can use their own knowledge ability and learning quality to construct their own knowledge structure. At the same time, it can set up special situations to help students improve

their learning enthusiasm, and take the initiative to construct a comprehensive English knowledge system. In the process of constructing such a knowledge system, students' abilities of self-exploration and self-practice have been greatly developed, and English subject literacy has been comprehensively cultivated, which is conducive to the development of students' comprehensive qualities and the development of students.

3. The Role and Meaning of Constructivism in Reform of English Teaching

3.1 To Transform Teachers' Educational Concepts and Provide Guidance for New Educational Concepts

In the traditional teaching model, teachers only need to ensure that students absorb knowledge and can use it flexibly to achieve good results in the examination. The theory of Constructivism expands the duties and roles of traditional teachers, and establishes guidance for teachers with a new outlook on education. Constructivism advocates that in addition to imparting knowledge, teachers also need to help students develop good study habits and learning thinking, learn correct and scientific learning methods, and deeply explore relevant knowledge. For example, in classroom teaching, Constructivism requires teachers to strengthen the popularization of knowledge background or application environment in addition to imparting basic English knowledge such as grammar and words, and fully create specific environment in such a popularization process, so as to promote the construction of students' self-knowledge, effectively enhance the interest of learning and enhance the overall quality of students ^[1].

3.2 To Guide Students to Establish a Correct View of Learning and Improve Their Independent Inquiry Ability

Under the guidance of Constructivism, students' dominant position has been brought into full play, which can help students establish a correct outlook on learning, master scientific and effective learning methods in the process of English learning and the promotion of English teaching reform, improve their own independent inquiry ability, and promote the cultivation of students' comprehensive quality.

4. Application Strategies of Constructivism in English Teaching

4.1 To Adhere to the Principle of Seeking Truth from Facts and Specific Analysis of Specific Problems

While conducting education, teachers need to fully understand students and teach students according to their aptitude on the premise of clarifying students' stage characteristics and personality characteristics. Students at different levels need to be assigned different learning tasks. In fact, each student has its particularity and universality in the process of improving their English level. Teachers need to grasp this universality for guidance and teaching, make full use of particularity for specific analysis of specific problems, and help each group with different situations to improve and make progress. Teachers should not discriminate against poor students, let alone favor excellent students, but should treat them equally, analyze specific problems according to specific problems, and stimulate each student's self-confidence in English learning. And teachers also need to establish a harmonious relationship between teachers and students, clarify the learning objectives of each student, so as to formulate learning tasks for students according to the learning objectives of different students. Learning tasks can not only help students improve, but also

stimulate students' learning enthusiasm, cultivate their sufficient confidence, and make them feel the sense of achievement and fun of English learning.

4.2 To Stimulate Students' Desire for Active Learning and Lay an Interest Foundation for the Implementation of Constructivism

It is important in the reform of English teaching to promote the activation of classroom atmosphere. In grasping the classroom atmosphere, teachers should appropriately throw the problems to students, and guide them to respond, focus their attention and mobilize the classroom atmosphere. At the same time, appropriate teaching aids can also be selected as the teaching carrier to promote the activation and naturalization of the classroom and activity atmosphere, such as the use of multimedia audio and video materials to mobilize students' passion, avoid the dead atmosphere of classroom activities and prevent students from breaking away from the dominant position of classroom teaching. Teachers can encourage students to ask and answer questions freely in relevant aspects. These questions and answers (Q & A) are not only limited to the written one, but also to show their own thinking and views. Students should open their thinking through teacher-student interaction, teachers should patiently remind and correct students after they make statements of their free views, so as to activate the classroom atmosphere and drive students' brains into English thinking mode. The organization of classroom activities in English grammar teaching can promote its diversification and interest. For instance, students can be organized to conduct interactive classroom Q & A, shown the question bank with appropriate difficulty. And students are organized to participate in Q & A, and certain rewards are set to improve students' participation. In addition, group competitions can be held to deepen the impression of relevant English knowledge and cultivate students' collective sense of honor. Consequently, students will shine in the process of maintaining the honor of their group [2].

4.3 To Strengthen Situational Teaching and Implement Constructivism

In class, it is necessary to create specific life situations to deepen students' impression and promote students' understanding of English words and sentences. Learning in a specific situation can promote the improvement of learning efficiency, effectively reduce the difficulty of learning, help students better establish the knowledge structure, and fully reflect and clarify the domination of students in the classroom.

5. Conclusion

There is no doubt that the proposal of Constructivism can effectively promote the reform of English teaching under the background of today's educational reform. It pays more attention to the principle of focusing on students and cultivates students' inquiry ability. Moreover, Constructivism can fully stimulate students' learning interest and motivation in the classroom teaching, and improve the classroom efficiency of English teaching, and make contributions to the cultivation of all-round talents and quality talents.

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