

# *Exploration and Thinking of Class Management under the Double Reduction Policy*

Lu Zhengqu

*Chongqing Jiangbeizui Laboratory School, Chongqing, 400000, China*

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**Abstract:** This article discussed class management and the way to manage the class well thus our students can becoming integrated abilities talent under the Double Reduction Policy. Educators should manage class by following the class vision proposed by school to let students know their own and others' beauty and to learn team work. This article also point out some major problems that educators faced and how we deal with these problems: the contradiction between individuals and class, balance between competition and cooperation, the problem between being passive and being active. Thirdly, this article state the principles to manage class: first of all select right students to be the leaders to cooperate with teachers; second, treated students fairly; third, teachers should be rigid but soft when they implementing management system, fourth, teachers should take a comprehensive look when they facing their students; fifth, form a synergy to collaborate with all teachers and students to manage class. Lastly, this article explain the four visions of Jiangbeizui Laboratory School which are strong, responsibility, independence and aestheticism in detail. The main goal of this article is to help educators establish the right education concept and educating way to enhance students' aesthetic ability and artistic understanding. Thereby this promotes the overall improvement of students' comprehensive literacy.

## **1. Introduction**

Under the "double reduction" policy, Jiangbeizui Laboratory School insists on promoting the reform of education with the "deep learning" of teachers and students, comprehensively launches post-class services. The school has comprehensively developed "five points", from the "core quality" in classroom learning, project-based learning methods in post-class curriculum design to meet the real learning needs of students. Therefore, the "double reduction" spirit can be truly implemented and high-quality quality education can be developed. The service after class has increased the children's time in school and thus put forward higher requirements for class management.

Most of the students in Class 2 of Grade 5 are the only children. Due to the well-living conditions and the deviation of family education, children are generally self-centered, have strong personalities. They cannot get along well with others, and lack mutual respect, love and cooperation and many more. It is expected to use effective class management to guide students to learn to pay attention to others, accomplish others, and achieve comprehensive development based on becoming the best themselves.

## **2. The class vision proposed by the school**

For educators, the greatest value is to make students realize their multiple potentials, develop the true, good and beautiful personality, and achieve multiple development possibilities. A good class can involve every child in a better future.

A class is a reduced version of the school. It is an organic organization that comprehensively educates people and improves the quality of education and teaching, and is an important source of strength for forming school-running advantages and highlighting school-running characteristics. The Jiangbeizui Laboratory School is based on the establishment of morality, building a campus culture with the spiritual connotation of "Strong, Responsible, Independent, and Aesthetic". Let students become themselves. The school motto is "be yourself", which has three meanings, namely to know yourself, become yourself and achieve yourself and become a better version of yourself; and to accomplish others.

It is anticipated to infiltrate the hearts of children in various ways. Therefore while students become themselves, they must also learn to drive others, pay attention to others, and achieve others. Thus, the education goal of Jiangbeizui Laboratory School can be implemented.

Based on this, we have formulated the following class development goals:

### **2.1 Know your own beauty**

If you compare each child to each name in the scale. Each child is like a small note, and they are indispensable in the scale. Each child uses his or her own unique notes to form a wonderful musical score for the entire class.

### **2.2 Discover the beauty of others**

Just as each tone in the scale represents a different tone in music, and each tone in the scale can play a role in determining the emotional tone of the music, such as: C is relatively stable and quiet, and G is a bit excited and active. Through monthly "star selection" and daily "stones of other mountains" and other activities, students will understand the growth stories and experiences of others. So that they can discover more beautiful things and differences between each other, and learn from each other's strengths and to be better self.

### **2.3 Achieve the beauty of the team**

Each child in the class is like every small note in music. They all play a vital role; as a member of the class, each "note" must unite and coordinate with each other by exerting their respective strengths. Therefore the strongest sound of the class can be played. It is expected that through a large number of team activities, children can realize that no matter where they are in the class they can be themselves and consider others. So they can become a step for each other, and perfect others.

## **3. Problems and cases in class management**

The key of a class lies in a group. Due to the differences of students' personalities and needs, there are some contradictions and conflicts in management.

### **3.1 The contradiction between individuals and a class**

The management of the class team is the foundation of each student's personality development, and also the key to improve their overall qualities and innovation abilities. Therefore, in class management, the personal growth and personality development of students are the prerequisite and

motivation for their performance improvement. At the same time, it should be clear that the formation of an excellent class requires an objective process. Only by fully respecting the law of the formation and development of a class can students' healthy growth and personality development be unified.

### **3.2 Problems between competition and cooperation**

The friendly relationship and cooperation between students in a class helps students face the complex and long problems encountered in learning and growth. Therefore, I need to use point method to lead to more head teachers and work on more classes together. After all, it is the spring when a hundred flowers compete for beauty. On the one hand, I encourage the members of head teacher team to form a community to achieve the set goals. On the other hand, I should actively guide the formation of a broad and in-depth competitive relationship between the classes.

### **3.3 The problem between being passive and being active**

Primary school children are very passive and are accustomed to obeying and completing various tasks. However, if a child is too passive since childhood, it is easy to fall into a negative and inactive state. Additionally it is difficult to experience positive emotional experience in learning, which is not conducive to the long-term development of a child.

On the contrary, children with strong learning initiative can not only actively participate in class, but also maintain a high level of mental activity state, which is more conducive to improving their own activity. Plus, they can maintain themselves when actually solving various problems. Higher emotional intensity.

Head teachers may face various student problems. Some problems are so difficult to solve and balance. The successful attempts to manage self-study and tutoring have made me even more aware that thousands of education problems can only be solved by stepping into the hearts of children in a scientific and reasonable way. Therefore, any problems can be solved!

## **4. The principle of class management**

### **4.1 The leader**

Regardless of the size of the class, students need to take the lead role, and then cooperate with the teacher to manage the class reasonably and scientifically. Therefore, the leader is particularly important. It is necessary to select the right students for the whole class to serve, and finally form a group of leaders to form a joint force to lead the class in a good direction.

### **4.2 Collective participation**

In building a class, students should be not unequally treated based on their grades or other reasons. For example, in the selection of class cadres, the student who has the best performance is can become the class leader. This will discourage other students' enthusiasm for participating in class activities and make most students' dominant status not reflected.

Therefore, the head teacher must treat every student equally, and actively encourage the whole class to participate in class affairs. Class cohesion and core strength shall be improved. Furthermore, students can realize students' centred position and their importance to the class.

### 4.3 Being rigid but soft

When using systems for management, various systems cannot be applied rigidly and therefore become more inhumane. This will look very rigid and make the students not feel warm. On the contrary, it is necessary to conduct system management together with class cadres and be strict, fair, and meticulous. In order to realize the combination of rigidity and flexibility, it is also necessary to care and guide students in an emotionally tolerant, understanding, and sincere attitude. So the class management can be rigid but soft.

Education must have rigidity like appropriate punishments. It is necessary to convey the warmth and goodwill of education in punishment.

### 4.4 Take a comprehensive look

When facing students, it is necessary to consider not only the students' academic performance and personality characteristics but also the students' growth environment, family environment, social factors, etc. This is beneficial for having a better understanding of the students and ensuring a good connecting points between the middle school students and the class construction so that the cohesion of the class can be achieved.

### 4.5 Form a synergy

Class management is not something that a head teacher can work on, but it requires close cooperation with other class teachers and students to ensure that the class develops in a better direction. For example, doing a good job in the construction and coordination of class cadres can not only improve the initiative, enthusiasm and creativity of class cadres, but also cultivate their comprehensive and innovative abilities. In addition this gives full play to their leading role, and promotes the whole class to become better, faster and stronger.

## 5. Goals reached by class management

According to the situation of our school, the status quo of the students and the problems encountered in class management, the classroom management goals must include "strong, responsible, independent, and beautiful". There are four categories.

**Strong (physical and mental self-discipline):** Both the body and the mind must be healthy. It not only includes the evaluation of students' physical exercises such as inter-class exercises and eye exercises but also includes the evaluation of mental health such as emotional control, optimism, and health.

**Responsibility (learning proactively):** to take the responsibility of learning proactively. This include pre-class preview, classroom listening, active speech and writing, love of reading, active homework, test evaluation and other aspects related to learning.

**Independence (self-care in life):** to be able to manage life independently. This include organizing school bags and school supplies, whether the school supplies are placed neatly. Whether the students dress neatly, wear a red scarf, actively participate in labor, and develop good hygiene habits.

**Aestheticism (civilized self-care):** to pursue the beauty of civilized etiquette, words and deeds, including daily goodness, respecting teachers, cooperating with peers, obeying discipline, well behaving between classes, saying hello entering school, walking slowly in the corridors, orderly queuing, going to the toilet and dining with manners, and awards for students.

## 6. Conclusion

In the context of quality education, comprehensive talent training has become the main goal of education. Under the guidance of this goal, the connotation of education continues to extend, and the integration of five educations has become an important method for evaluating talents. We aim to establish the education concept of "building virtues with beauty, strengthening the body with beauty and promoting labor with beauty", which truly enhances students' aesthetic ability and artistic understanding. Thereby this promotes the overall improvement of students' comprehensive literacy.

I am willing to be the light in the lives of children, illuminating the way they run.

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