# A study on the aesthetic appreciation and expression in the practice of drawing

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Abstract: Sketch is a kind of beautiful sketch, it refers to all the monochromatic painting in a broad sense, originated from the Western modeling ability training, in a narrow sense, it refers to the painting training process for learning art skills, exploring modeling rules and cultivating professional habits. Sketch is a foundation, relatively speaking, is a very important art form, is the basis of painting, painting is the core. Cultivating students' aesthetic appreciation and expression in drawing practice can help students to master the language, expression skills and formal aesthetic feeling of drawing. In this paper, the author makes a deep research and analysis on the aesthetic and expression in drawing practice, and puts forward some effective strategies to cultivate students' aesthetic and expression in drawing practice, hoping to help students learn drawing.

### 1. Introduction

Sketch is a formal language of plastic arts, which records the artist's artistic thinking, through which the artist's unique aesthetic and emotional expression can be well expressed. Sketch is a kind of painting means and method that describes what the painter sees and thinks through the simple and simple painting way. The direct technique of expression, the simple condition of drawing, the simple drawing material can make the painter concentrate on drawing<sup>[1]</sup>. Sketch is the most basic and simple form of expression in visual art, and it is also the basic technique of expression that the painter must master.

### 2. The Importance Of Aesthetics And Expression In Drawing Practice

In sketch teaching, sketch teachers should not only teach students the theoretical knowledge and skills of sketch, but also guide students to improve their visual performance in the continuous practice of drawing<sup>[2]</sup>. Sketch is not only a high generalization of the objective things, but also an expression of the thoughts and feelings of the objective things, endowing the sketch works with a sense of life and fully embodying the beauty of the creation of the sketch, it makes the appreciator fully feel the inner expression of the objective things while watching, and the heart is touched to a certain extent. Through the fine observation of the drawing object, extract the inner emotion of the

drawing object, and thus have resonance with the drawing object, such a work has vitality. Students' aesthetic and expression ability affects the promotion of drawing performance ability, so it is very important to cultivate students' aesthetic and expression ability in drawing practice.

# 2.1 Shape and Composition

The so-called shape is formed by the shape of the external object and the internal structure of the object, and the expression of the shape is also the embodiment of modeling ability.composition is the grammar of visual representation. If the grammar is correct, the artist's intent can be conveyed to the viewer accurately. Teacher let us complete the task is to find the world-famous paintings on the structure of the Refining Analysis. In the composition theory, the density principle is the most important aspect of the composition principle, other principles are basically derived from this principle, the reasonable arrangement of the composition and the density of the emphasis can not be separated. There are many ways of composition, which requires practitioners to find the answers in their works, the most classic is the Triangle Composition, there are others-shaped composition, diagonal composition, and so on. In addition, in the form of the problem, can only accumulate over time, careful observation and more appreciation of the work to improve their image modeling and organization ability.

#### 2.2 Lines

Sketch is made up of points, lines and faces. Although the composition of the elements is simple, but in the sketch work, the lines of different ways of presentation can make the screen produce a different sense of rhythm and rhythm. The line, it plays a pivotal role. Lines in all natural objects in fact do not exist, we see the object contour, is the object and the object of the turning edge, the end of one side is the beginning of the other side<sup>[4]</sup>. There is no tangible line between the two faces. In order to better express the shape, space, structure and texture of the objects, it is necessary to grasp the relationship between the density and the weight of the lines, there are also the direction of the Line and control the wrist elbow coordination, but also can use the center and side peak of the different manipulation. Lines can be arranged horizontally, vertically, diagonally, or from deep to shallow, and from shallow to deep, and so on.

# 3. Effective Strategies of Cultivating Students Aesthetic Appreciation and Expression in Drawing Practice

## 3.1 Recognize the Internal Structure of the Body, Fully Display the Beauty of the Body

Every object has its internal structure, but the internal structure of the object has some simple, some complex, students only recognize the internal structure of the object's shape, in order to appreciate the object from many levels. Therefore, in the sketch teaching, the sketch teacher should first guide the students to recognize the internal structure of the sketch object, and then through the sketch to fully show the physical beauty of the object. In the specific sketch teaching, the sketch teacher can first provide some relatively simple internal structure of the object for students to sketch practice. In the process of drawing practice, it is easy to find that most students focus on the description of the appearance of the vase and the relationship between light and shade, and lack of

drawing practice of the vase structure. In the process of drawing practice, the sketch teacher should first guide the students to observe the internal structure of the vase, and then strengthen the practice of contrast structure and turning in the drawing practice, only by guiding students to recognize the internal structure of the body, can we better cultivate students' aesthetic and expressive ability. After the students have mastered the simple structure of a single object, the sketch teacher can provide some still-life combinations for the students to practice drawing, so that the students can have a certain grasp of the internal structure of the spatial object, further deepen the students' aesthetic and expressive ability.

### 3.2 Recognize the Aesthetic Consciousness and Expression in Sketch Practice

Drawing is the foundation of Plastic Arts, and drawing practice is not just a technical exercise. Simple painting materials, direct expression, sketch beginners in the initial stage is usually through the observation to sketch the object. In the teaching of sketch, the sketch teacher should guide the students to understand the subjective emotion of the sketch object through micro-observation. In the process of drawing, we can not avoid incorporating our own humanistic qualities, life experiences, aesthetic perspectives and so on to express the object of drawing. Therefore, in the process of drawing practice, we should pay attention to the cultivation of students' aesthetic awareness, make the student realize the importance of the humanities accomplishment, the esthetic consciousness to the sketch study. In the process of drawing practice, students should explore the aesthetic resonance between themselves and the object of drawing, and sketch on the basis of this resonance to improve their aesthetic awareness. Therefore, teachers should first make students aware of the importance of aesthetic awareness and expression, and then cultivate students' future sketch learning<sup>[5]</sup>.

### 4. Discussion

It is very important to cultivate students' aesthetic and expressive ability in the teaching of sketch, which is helpful to improve students' drawing expressive ability. As a sketch teacher, we should change the outmoded and backward sketch teaching idea and break through the traditional sketch teaching method. In the teaching of sketch, sketch teachers should not only teach students the relevant theoretical knowledge of sketch and sketch skills, but also consciously cultivate students' aesthetic and expressive ability, so that when students draw a sketch, can Be very good in their own feelings into the sketch works, so as to make their drawings more attractive to the viewer's attention, and make the viewer empathy, deep feelings of the sketch works of the inner feelings.

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